

A Rational Theory for Disposition Effects *

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Abstract

Extant theories on the disposition effect are largely silent on most of the disposition-effect related trading patterns, including the V-shaped probabilities of buying and selling against unrealized profit. On the other hand, portfolio rebalancing and learning have been shown to be important, even for retail investors. We show that rational rebalancing with transaction costs and unknown expected returns can generate many disposition-effect-related trading patterns, including the V-shape results. Our paper complements the extant theories by suggesting that portfolio rebalancing may also constitute a significant driving force behind the disposition effect and the related patterns.

Journal of Economic Literature Classification Numbers: G11, H24, K34, D91.

Keywords: disposition effect, portfolio rebalancing, learning, transaction costs

1 Introduction

The disposition effect, which is the tendency of investors to sell winners while holding onto losers, has been widely documented in the empirical literature. For example, using data containing 10,000 stock investment accounts in a U.S. discount brokerage from 1987 to 1993, Odean conducts a set of tests of the disposition effect hypothesis in his seminal work of Odean (1998). He concludes that the disposition effect exists across years and investors.¹ Closely related to the disposition effect, Ben-David and Hirshleifer (2012) show that the plots of the probabilities of selling and of buying more of some existing shares against unrealized profit both exhibit V-shape patterns, i.e., as the magnitudes of unrealized profits/losses increase, these probabilities also increase. Theories based on prospect theory, mental accounting, regret aversion, and gain/loss realization utility to explain the disposition effect have dominated the literature.² However, it is difficult for extant theories to explain the V-shape patterns. In addition, as far as we know, there have been no theoretical models proposed to explain other well-documented disposition effect-related patterns, such as: 1) investors may sell winners that subsequently outperform losers that they hold (Odean (1998)); 2) the disposition effect is stronger for less sophisticated investors (Dhar and Zhu (2006)); 3) the disposition effect may increase with return volatility (Kumar (2009)); and 4) investors are reluctant to repurchase stocks previously sold for a loss, as well as stocks that have appreciated in price subsequent to a prior sale (Strahilevitz, Odean, and Barber (2011)).

Another strand of literature documents that portfolio rebalancing is an important

¹ See also, Shefrin and Statman (1985), Grinblatt and Keloharju (2001), Kumar (2009), Ivković and Weisbenner (2009), and Engelberg, Henriksson, and Williams (2018).

² See, for example, Shefrin and Statman (1985), Odean (1998), Barberis and Xiong (2009), Ingersoll and Jin (2013), Chang, Solomon, and Westerfield (2016), and Frydman, Hartzmark, and Solomon (2018). While these theories do seem to offer a promising framework for understanding the disposition effect, the possible link has almost always been discussed in informal terms, with one notable exception. Using a rigorous model, Barberis and Xiong (2009) demonstrate that assuming prospect theory utility on realized gains/losses can potentially predict a disposition effect. However, by examining a realization utility model with adaptive reference points, He and Yang (2019) cast doubt on whether realization utility is the driving force behind the disposition effect. Moreover, from a behavioral perspective, it can be puzzling that even the professional traders still display the disposition effect at no economic cost (e.g. Frino, Johnstone, and Zheng (2004)), as these traders are believed to be less prone to behavioral bias.

driver behind even retail investors' trading.³ For example, Calvet, Campbell, and Sodini (2009) find strong household-level evidence of active rebalancing by retail investors who typically hold a small number of stocks. Using a sample of Japanese retail investors from 2013 to 2016, Komai, Koyano, and Miyakawa (2018) find that investors tend to conduct contrarian trades, as predicted by standard portfolio rebalancing models. In addition, trading patterns consistent with rational learning by investors have been widely documented. For example, Grinblatt and Keloharju (2001) report that past returns and historical price patterns affect trading decisions in ways that are consistent with rational learning. Kandel, Ofer, and Sarig (1993) and Banerjee (2011) provide evidence that investors learn about information contained in asset prices and revise their trading strategy accordingly. Furthermore, even though transaction costs have declined in recent years, bid-ask spreads and other trading costs (e.g., brokerage fees and time costs) remain significant, especially for retail investors. As a result, investors do not trade continuously (e.g., Davis and Norman (1990), Liu (2004)).

As extant literature has shown (e.g., Odean (1998)), portfolio rebalancing without any market friction cannot explain the disposition effect. Based on the aforementioned empirical evidence on the importance of portfolio rebalancing, learning, and transaction costs, we develop an optimal portfolio rebalancing model with transaction costs and incomplete information (in the form of unknown expected returns) to examine whether rational portfolio rebalancing in the presence of these frictions can help explain the disposition effect and related trading patterns of retail investors. We show that, indeed, in the presence of these frictions, portfolio rebalancing can lead to the disposition effect and many of the related patterns, including the V-shape patterns. While we believe that behavioral types of explanations are essential in understanding the disposition effect and the related trading patterns, our finding suggests that portfolio rebalancing may also constitute a significant driving force behind these results and thus complement the extant theories.

More specifically, we consider a portfolio rebalancing model in which a small retail

³ In our analysis, we refer to trading of individual stocks to achieve the optimal portfolio determined by the risk-return tradeoff as portfolio rebalancing.

investor (i.e., one who has no price impact) can trade a risk-free asset and multiple risky assets (“stocks”) to maximize the expected utility from the final wealth at a finite horizon.⁴ The stocks’ expected returns are unknown and the investor updates the conditional distributions of the expected returns after observing past returns. Trading the stocks is subject to proportional transaction costs.

To make our expositions as clear as possible, we consider two sets of model parameters. We begin with a case where stocks have homogeneous return-risk profiles and uncorrelated returns. This is a clean setting to illustrate the main working mechanisms. Then, we show that these mechanisms continue to work with calibrated parameter values with heterogeneous risk-return profiles and correlated returns.

We show that the optimal rebalancing strategy implied by our model can exhibit a disposition effect. For example, for a reasonable set of parameter values, the ratio of the number of realized gains to the number of all gains (realized gains plus paper gains), i.e., PGR , is 0.331, while the ratio of the number of realized losses to the number of all losses (realized losses plus paper losses), i.e., PLR , is 0.168. These results indicate that the investor exhibits greater propensity of realizing gains than losses.

The main driving force for the disposition effect displayed in our model is the “exposure effect.” Intuitively, for a risk-averse utility maximizing investor, it is optimal to keep the exposure to a stock within an upper bound and a lower bound to trade off risks and returns. A rise in the price of a stock results in a gain and increases the investor’s risk exposure to this stock. If the exposure increases above the upper bound, then it is optimal to sell and thus realize a gain. A fall in the stock price results in a loss and decreases the investor’s risk exposure. If the exposure decreases below the lower bound, then it is optimal to buy, *not sell*, additional shares. It is this asymmetry (i.e., selling with a large gain, but buying with a large loss) due to the exposure effect that makes investors realize gains more often than losses. On the other hand, if the exposure after

⁴ As in the existing literature on the disposition effect (e.g., Shefrin and Statman (1985), Barberis and Xiong (2009), and Ingersoll and Jin (2013)), we use a partial equilibrium setting because most of the empirical studies on the disposition effect and the related trading patterns focus on retail investors, whose trading unlikely affects market prices.

a gain or loss is still within the bounds, the investor does not trade, due to the presence of transaction costs. Because selling a stock with a loss requires the upper bound of the risk exposure to be reached after a decline in the stock price and buying additional shares after a loss requires the lower bound to be reached, investors hold onto losers after small losses. Thus, the combination of the exposure effect and the presence of transaction costs makes investors tend to sell winners and hold onto losers, consistent with existing empirical findings. Because the exposure effect exists for any risk-averse utility maximizing investors, the above qualitative results apply to all risk-averse preferences, such as CRRA, CARA, and Epstein-Zin preferences.⁵

It is empirically found that past returns also significantly affect investors' trading behavior. Using a data set containing all common stock trades of Finnish household investors from 1995 to 2000, Kaustia (2010) provides the first evidence that the investors' selling propensities increase in the magnitude of gains. Ben-David and Hirshleifer (2012) further demonstrate that the probability of buying more and of selling are both greater for positions with larger paper gains or larger paper losses.⁶ Theories based on the static prospect theory, or regret aversion, predict that the larger the loss, the less likely it is for investors to sell, and the larger the gain, the less likely it is for investors to buy, which is opposite of the V-shape pattern. Ben-David and Hirshleifer (2012) argue that the V-shape pattern can be consistent with change of perceptions and faiths (belief revision). Assuming that an investor can obtain a burst of reference-dependent utility from a sale in a dynamic prospect theory setting, Ingersoll and Jin (2013) demonstrate that the probability of selling can increase with the magnitude of losses because there is a benefit of realizing losses to reset references in this dynamic setting.⁷ Peng (2017) attributes the

⁵ For example, for CARA preferences, it is optimal to keep the dollar amount in a stock in a range, and for CRRA preferences and some Epstein-Zin preferences, it is optimal to keep the fraction of wealth in a stock in a range as in our model. For all of these preferences, it is optimal to sell when the stock price rises sufficiently, and to buy when the stock price decreases sufficiently.

⁶ Note that the evidence that the probability of selling increases with loss magnitudes is not contradictory to the disposition effect, because the unconditional probability of selling losers is still smaller than that of selling winners. An (2016) and An and Argyle (2016) find that stocks with both large unrealized gains and large unrealized losses outperform others in the following month. This finding may be consistent with V-shape trading patterns.

⁷ For a discussion of realization utility theory, see also Barberis and Xiong (2012).

V-shaped selling pattern to irrational extrapolation of past returns.

We show that the V-shape patterns for both the purchase probability and the sale probability are consistent with the optimal trading strategy in our portfolio rebalancing model. Intuitively, two opposing forces exist in our model: the “exposure effect” and the “learning effect.” As previously explained, the exposure effect tends to make investors sell after a large gain but buy after a large loss (“buy low, sell high”), exhibiting a contrarian trading strategy. In contrast, the learning effect tends to make investors buy after a large gain and sell after a large loss (“buy high, sell low”), exhibiting a momentum trading strategy. This is because investors revise upward their estimate of expected returns after gains and do the opposite after losses. The patterns of the probability of selling increasing with the magnitude of gains and the probability of buying increasing with the magnitude of losses are driven by the exposure effect. On the other hand, because there is a greater increase (decrease) in the estimate of the expected return after observing a large gain (loss), the probability of buying more (selling) is greater for a large gain (loss) than for a small gain (loss).⁸ Thus, the patterns of the probability of buying more increasing with the magnitude of gains and the probability of selling increasing with the magnitude of losses are driven by the learning effect. The relative strength of the two effects determines the trading direction. In our model, it is the coexistence of the exposure effect and the learning effect that drives the V-shape patterns.

Moreover, in contrast to the existing literature, our model can generate many other disposition effect-related patterns documented in empirical studies, such as those four stated at the end of the first paragraph. As in the previous results, the driving forces behind these results are also the presence of, and the interaction between, the exposure effect and the learning effect. For example, less sophisticated investors may have less learning capability than more sophisticated investors. As a result, the learning effect may be smaller and the disposition effect may be stronger for less sophisticated investors.

For ease of reference, we summarize the main results and driving mechanisms in Table

⁸ The conditional volatility of the expected return deterministically decreases over time. Its impact is largely dominated by the impact of the change in the estimate of the expected return, especially when there are large return shocks. See Section 3 for more detailed discussions.

Table 1: Main results and driving mechanisms

This table summarizes the main patterns predicted by our model and the driving mechanisms.

Trading pattern	Driving mechanism
Disposition effect-related	
Disposition effect (for sales)	Exposure effect
Reverse disposition effect (for purchases)	Exposure effect
<i>Ex-post</i> return pattern	Exposure effect
Volatility pattern	Exposure effect
V-shape results	
For selling (right branch)	Exposure effect
For selling (left branch)	Learning effect
For buying (left branch)	Exposure effect
For buying (right branch)	Learning effect
Repurchase patterns	
For winners/losers at the time of sales	Learning effect
For winners/losers since last sale	Exposure effect

Table 2: Comparison with existing papers

This table reports a comparison between the trading patterns examined in our paper and in behavioral models in the literature.

	DE	RDE	Volatility pattern	V-shape	Repurchase
Barberis and Xiong (2009)	Yes	No	No	No	No
Ingersoll and Jin (2013)	Yes	No	No	Yes	No
Peng (2017)	Yes	No	No	Yes	No
This paper	Yes	Yes	Yes	Yes	Yes

1, and a comparison between our paper and some existing papers in Table 2.

It is well known that, with capital gains tax, realizing losses sooner and deferring capital gains can provide significant benefits (e.g., Constantinides (1983)). This force acts against the disposition effect. We demonstrate that, consistent with the empirical findings of Lakonishok and Smidt (1986), the disposition effect can still arise in an optimal portfolio rebalancing model with capital gains tax and transaction costs. Intuitively, when a stock's price appreciates sufficiently, the investor's risk exposure to this stock can become too high, and the benefit of lowering the exposure by a sale can dominate the benefit of deferring the realization of gains. In addition, with transaction costs, realizing losses immediately is no longer optimal, and deferring even large capital losses may be

optimal. This is because the extra time value obtained from realizing losses sooner can be outweighed by the transaction cost payment, even when the transaction cost is small.

Our model offers some new empirically testable predictions for future studies. For example, our model predicts that: (1) conditional on return volatility, the magnitude of the disposition effect is greater for stocks for which there is more public information, because for these stocks much is already known, and thus the learning effect is smaller; (2) investors with a more diversified portfolio or a better hedged portfolio have a weaker disposition effect, because for these portfolios the exposure effect is smaller; and (3) the V-shaped trading patterns are more pronounced for stocks with less public information, because the learning effect is stronger for these stocks.

Although we consider a small investor whose trades have no price impact and thus adopt a partial equilibrium approach, the disposition effect can arise in equilibrium (e.g., Basak (2005), Dorn and Strobl (2009)). For example, Dorn and Strobl (2009) demonstrate that, in the presence of information asymmetry, the less informed become contrarians while the more informed become momentum traders in equilibrium. The less informed investors in their model trade in the same way as the investor in our model, and thus displays the disposition effect in equilibrium. The fact that in equilibrium for each investor who sells there must be a counterparty who buys does not imply that there is no disposition effect on average. This is because it is possible that a greater number of retail investors with a stronger disposition effect trade with a small number of institutional investors, for example, and most of the studies of the disposition effect and the related trading patterns focus on retail investors.

The remainder of the paper proceeds as follows. In the next section, we present the main model and theoretical analysis. In Section 3, we numerically solve the model and conduct simulations to illustrate that our model can generate most of the disposition-effect related patterns. We also show that the disposition effect can exist even with capital gains tax. We conclude with Section 4, and all proofs are provided in the Appendix.

2 The Model

In this section, we describe the main ingredients of our model. We extend the model of Cvitanić, Lazrak, Martellini, and Zapatero (2006) to incorporate transaction costs. As we have discussed in the Introduction, the inclusion of transaction costs is necessary to generate some disposition effect-related patterns. Moreover, incorporating transaction costs in a multi-stock model is a highly challenging task.

2.1 Economic setting

We consider the optimal investment problem of a small retail investor (i.e., a price taker) who maximizes the expected constant relative risk-averse (CRRA) utility from the final wealth at some finite time $T > 0$.⁹ The investor can invest in one risk-free asset (“bond”) and $N \geq 1$ risky assets (“stocks”). The bond offers a constant interest rate $r \geq 0$. For $i = 1, \dots, N$, we assume that the price of Stock i evolves as follows:

$$dS_i(t) = S_i(t) \left[\mu_i dt + \sum_{j=1}^N \sigma_{ij} dB_{jt} \right], \quad (1)$$

where μ_i and σ_{ij} are constants, and $B_t = (B_{1t}, \dots, B_{Nt})$ is an N -dimensional standard Brownian motion process.¹⁰ We assume the return volatilities (i.e., σ_{ij}) are known, while the expected returns (i.e., μ_i) may be unobservable. This reflects the fact that the expected returns of stocks are difficult to estimate from a finite sample. According to (1), Stock i 's total return volatility is $\sigma_i = \sqrt{\sum_{j=1}^N \sigma_{ij}^2}$.

We denote by $\sigma = ((\sigma_{ij}) : 1 \leq i, j \leq N)$ the volatility matrix, $\mu = (\mu_1, \dots, \mu_N)$ the vector of expected returns, and $\mathbf{1} = (1, \dots, 1) \in \mathbf{R}^N$ an N -dimensional vector of ones.

⁹ Including intertemporal consumption would not qualitatively change our results because, as will become clear later, the main driving forces of our results remain the same even with intertemporal consumptions.

¹⁰ If the expected returns were stochastic, the uncertainty of the underlying asset would not dissipate over time and the learning effect would be smaller and more persistent, because there would be more noise. As a result, we expect that the results counteracted against by the learning effect (e.g., the disposition effect) would be stronger and the results driven by the learning effect (e.g., the V-shape patterns) would be weaker, but would still hold because investors can still learn.

Assuming σ is nonsingular, we define the vector of risk premia as follows:

$$\xi \equiv \sigma^{-1}(\mu - r \cdot \mathbf{1}). \quad (2)$$

Learning about the expected return vector μ is equivalent to learning about the risk premium vector ξ . We assume the investor's prior on ξ is a Gaussian distribution that is independent of B_t . We denote by $m = (m_1, \dots, m_N)$ the vector of mean and Δ the positive definite variance-covariance matrix of this prior distribution. Let $\mathcal{F}_t^S = \sigma((S_1(u), \dots, S_N(u)); 0 \leq u \leq t)$ be the filtration process, and denote

$$\bar{\xi}(t) = E[\xi | \mathcal{F}_t^S] \quad (3)$$

as the conditional estimate of the risk premium vector. We also denote the N -dimensional risk-neutral Brownian motion by $B_t^* = B_t + \xi t$. Then, the stock prices follow

$$dS_i(t) = S_i(t) \left[r dt + \sum_{j=1}^N \sigma_{ij} dB_{jt}^* \right], \quad i = 1, \dots, N. \quad (4)$$

Applying the standard filtering theory (e.g., Lipster and Shirayayev (2001)), we can infer that the following innovation process

$$\hat{B}_t = B_t^* - \int_0^t \bar{\xi}(s) ds \quad (5)$$

is an observable standard Brownian motion given the investor's information. Substituting (5) into (4) yields the following stock price dynamics:

$$dS_i(t) = S_i(t) \left[\left(r + \sum_{j=1}^N \sigma_{ij} \cdot \bar{\xi}_j(t) \right) dt + \sum_{j=1}^N \sigma_{ij} d\hat{B}_{jt} \right], \quad i = 1, \dots, N. \quad (6)$$

Next, we describe how $\bar{\xi}(t)$ defined in (3) evolves over time. Following Cvitanic et al. (2006), we can decompose the variance-covariance matrix Δ into

$$\Delta = P' D P, \quad (7)$$

where P is an orthogonal matrix and D is a diagonal matrix with its i th entry being denoted by d_i . We further define

$$\delta_i(t) = \frac{d_i}{1 + d_i t}. \quad (8)$$

Then, we have

$$\bar{\xi}(t) = P' \bar{D}(t) \{ P B^*(t) + [\bar{D}(0)]^{-1} P m \}, \quad (9)$$

where $m = \bar{\xi}(0)$ and $\bar{D}(t)$ is a diagonal matrix with its i th entry being denoted by $\delta_i(t)$. Furthermore, $\bar{\xi}(t)$ has a conditional variance-covariance matrix of $P' \bar{D}(t) P$. As a result, we can rewrite (6) as follows

$$dS_i(t) = S_i(t) \left[(r + \sigma^i \cdot \bar{\xi}(t)) dt + \sigma^i \cdot d\hat{B}_t \right], \quad i = 1, \dots, N, \quad (10)$$

where σ^i is the i th row of the volatility matrix σ . We can also derive from (9) that

$$d\bar{\xi}(t) = -P' \bar{D}(t) P \bar{\xi}(t) dt + P' \bar{D}(t) P d\hat{B}_t^* = P' \bar{D}(t) P d\hat{B}_t. \quad (11)$$

2.2 The investor's problem

Different from Cvitanić et. al. (2006), we assume trading stocks is subject to transaction costs. For $i = 1, 2, \dots, N$, the investor can buy Stock i at the ask price $S_i^A(t) = (1 + \theta_i) S_i(t)$ and sell the stock at the bid price $S_i^B(t) = (1 - \alpha_i) S_i(t)$, where $\theta_i \geq 0$ and $0 \leq \alpha_i < 1$ represent the proportional transaction cost rates for trading Stock i .

Let Y_{it} be the dollar amount invested in Stock i for $i = 1, 2, \dots, N$, X_t be the dollar amount invested in the bond, and L_{it} and I_{it} with $L_{i0-} = I_{i0-} = 0$ be nondecreasing, right continuous adapted processes that represent the cumulative dollar amount of sale and purchase of Stock i , respectively. Then, we have the following budget constraints:

$$dX_t = rX_t dt + \sum_{i=1}^N (1 - \alpha_i) dL_{it} - \sum_{i=1}^N (1 + \theta_i) dI_{it}, \quad (12)$$

$$dY_{it} = Y_{it} (r + \sigma^i \cdot \bar{\xi}(t)) dt + Y_{it} \sigma^i \cdot d\hat{B}_t + dI_{it} - dL_{it}, \quad i = 1, \dots, N. \quad (13)$$

In addition, since short-sales are either too costly or too risky for most retail investors, we assume that the investor cannot short-sell,¹¹ i.e.:

$$Y_{it} \geq 0, \quad i = 1, \dots, N. \quad (14)$$

The investor's problem is to choose her optimal policy $\{(L_{it}, I_{it}) : i = 1, \dots, N\}$ among all of the admissible policies to maximize her expected CRRA utility from the terminal net wealth at time T , i.e.:

$$E \left[\frac{W_T^{1-\gamma}}{1-\gamma} \right], \quad (15)$$

subject to Equations (11), (12), and (13) and the short-sale constraint (14), as well as the solvency condition:

$$W_t \geq 0, \quad (16)$$

where $\gamma > 0$ and $\gamma \neq 1$ is the investor's constant relative risk aversion coefficient, and:

$$W_t = X_t + \sum_{i=1}^N (1 - \alpha_i) Y_{it} \quad (17)$$

is the investor's net after-liquidation wealth level at time t .

3 Analysis of the Trading Policy and the Disposition Effect-related Patterns

In this section, we provide a comprehensive numerical analysis of the model. Specifically, we examine the investor's trading strategy and its implications for various disposition effect-related patterns.

To clearly identify the main mechanisms of our model, we begin with a case where stocks have homogeneous return-risk profiles and uncorrelated returns. We also assume

¹¹ Consistent with this high cost or high risk, investors rarely short-sell. For example, the results of Boehmer, Jones, and Zhang (2008) imply that only approximately 1.5% of short-sales come from individual investors.

the priors for the stock risk premia are also uncorrelated. This case helps us disentangle the confounding effects resulted from stock-level heterogeneity and correlations. Then, we show that our main results continue to hold in a calibrated model where the stocks have heterogeneous risk-return profiles and correlated returns and priors.

In both cases, we assume the number of stocks in the investor’s portfolio is $N = 4$, which is the median stock holding number in Odean (1998)’s sample.¹² The investor is assumed to have a relative risk aversion level of $\gamma = 3$, which is a commonly used value in the literature (e.g., Brennan and Xia, 2002; Dammon, Spatt, and Zhang, 2004). Furthermore, we assume that the investor is able to form unbiased prior estimates of the risk premia, i.e., $\bar{\xi}(0) = \xi$. The true values of expected returns are used only for simulations, but as assumed in the model, the investor may not know these values. The covariances of the priors are obtained by dividing the stock return covariances by the number of sampling years, which is assumed to be 20.

3.1 The case with uncorrelated returns and priors

In this case, we have $\sigma_{ij} = 0$ and $\Delta_{ij} = 0$ whenever $i \neq j$. For $1 \leq i \leq N$, we set $\mu_i = 0.1$ and $\sigma_i = 0.3$, which lead to $V_i(0) = 0.3^2/20 = 0.0045$. The proportional transaction cost rate for both purchase and sale is set at 1 percent for all stocks, i.e., $\alpha_i = \theta_i = 0.01$ for $i = 1, \dots, N$ (see, e.g., Abdi and Rinaldo (2017)). In addition, we set the risk-free rate to $r = 0.04$ and the investment horizon to $T = 5$ years.¹³

3.1.1 Rebalancing strategy

Using the numerical method presented in Appendix A.1, we are able to obtain an intuitive rebalancing strategy for each stock.¹⁴ In this subsection, we briefly illustrate the main

¹² The relatively small number of stocks held by the median investor in Odean (1998)’s sample indicates that these investors tend to under-diversify. On the other hand, as shown in the existing literature, underdiversification may be a result of optimal portfolio choice due to ambiguity aversion or high fixed trading costs for some stocks or consumption commitment (e.g., Liu, 2014), and more importantly, even with a small number of stocks held, investors optimally rebalance (e.g., Calvet et. al. (2009)).

¹³ As shown later, our main results are not sensitive to the choice of investment horizon.

¹⁴ We emphasize that although this strategy is not optimal, it is a good approximation of the optimal strategy when the transaction cost rates are small. It should be noted that, although we solve for the

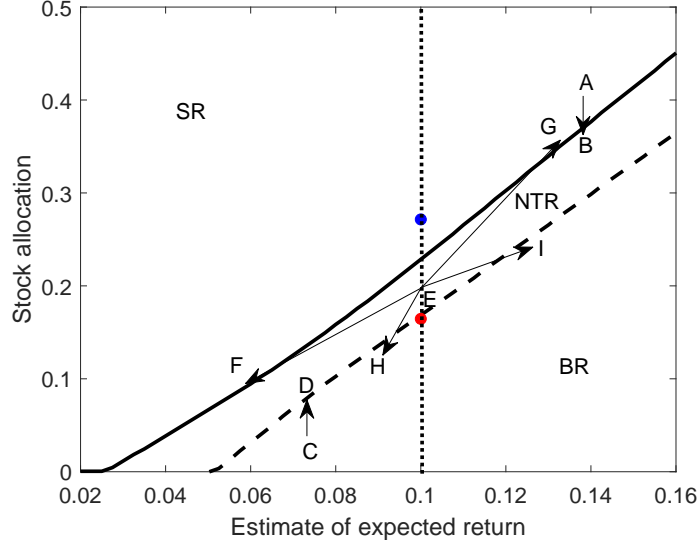


Figure 1: Optimal trading policy.

This figure shows the optimal trading policy at time $t = 2.5$ years. Parameter values: $T = 5$, $\gamma = 3$, $r = 0.04$, $N = 4$; $\mu_i = 0.1$, $\sigma_i = 0.3$, $V_i(0) = 0.0045$, and $\alpha_i = \theta_i = 0.01$ for $i = 1, \dots, N$. The blue (red, respectively) dot is the optimal selling (buying, respectively) boundary when the expected returns are observable.

features of such a strategy.

It is well-known that, in the presence of transaction costs, it is optimal for the investor to maintain the weight of each stock (as a fraction of the total wealth) within a proper range.¹⁵ We plot in Figure 1 the boundaries that represent such ranges, at time $t = 2.5$ years, as a function of the conditional mean of the expected return μ_i (denoted as z_{it}). When a stock's weight in the portfolio enters the Sell Region due to fluctuations in prices, the investor *sells* an amount of this stock necessary for its weight in the portfolio to be pushed down to the No-Trade Region (e.g., A to B). When a stock's weight enters the Buy Region, the investor *buys* additional shares of this stock required for its weight in the

optimal fraction of wealth invested in a stock using the one-stock model for each stock, fluctuations in other stocks' prices do influence the trading decision of a particular stock, because these fluctuations will change the total wealth, and thus change the optimal dollar amount that should be invested in the stock. For example, consider a scenario in which there are only two stocks and each has an optimal weight of 40% in the total wealth. After a drop in the price of Stock 1, the fraction of wealth invested in Stock 2 is now higher than 40%, and thus Stock 2 may need to be sold to rebalance. This is different from the model with a CARA preference and uncorrelated stocks as studied in Liu (2002), who shows that the optimal dollar amount invested in a stock is independent of other stocks.

¹⁵ See, for example, Davis and Norman (1990), Shreve and Soner (1994), and Liu and Loewenstein (2002).

portfolio to be pushed up to the No-Trade Region (e.g., C to D). When the stock’s weight is inside the No-Trade Region, it is optimal not to trade. In addition, as the investor’s conditional estimate of expected return increases, she desires a larger exposure to this stock, and thus the No-Trade Region shifts upward.

Furthermore, Figure 1 suggests that selling can occur after either a gain (e.g., E to G) or a loss (e.g., E to F). Similarly, buying more shares can take place after either a loss (e.g., E to H) or a gain (e.g., E to I). As the sell (buy) boundary is more likely to be reached after a rise (drop) in a stock’s price, an asymmetry exists between the trading direction after a gain (i.e., more likely to sell) versus the trading direction after a loss (i.e., more likely to buy).¹⁶ Intuitively, it is optimal for the investor to keep the exposure to a stock within a range. As the price rises, the exposure increases and thus the investor has an incentive to sell. In contrast, as the price drops, the exposure decreases and thus the investor has an incentive to *buy more*. We term this asymmetric effect of keeping an optimal exposure on the trading direction as the “exposure effect.” As we will later demonstrate, in our model it is the exposure effect that drives the disposition effect. On the other hand, because of transaction costs, the investor does not sell immediately after a stock becomes a winner or buy immediately after a stock becomes a loser. Instead, she holds a winner or a loser for a period of time until the gain or loss is sufficiently high. This is consistent with the empirical finding that investors usually do not realize small gains and hold onto losers without purchasing more shares immediately (Odean (1998)).

Figure 1 also shows the optimal trading boundary when the expected returns are observable. In this case, the optimal trading boundary can be represented by two points at $z_{it} = \mu_i$ for any $t \in [0, T]$ and any $1 \leq i \leq N$. In particular, the blue dot represents the sell boundary, while the red dot denotes the buy boundary. Unlike in the case with unobservable expected returns where sales and purchases of a stock can occur after either a gain or a loss in this stock, a sale of a stock in the observable case cannot occur after a loss in this stock, and a purchase of a stock cannot occur after a gain in this stock,

¹⁶ The investor sells with a loss only if after a drop in the stock price, there is a significant decrease in the conditional mean z_{it} such that the sell boundary becomes much lower.

if there is no change in the price of another stock. In the observable case, a sale of a stock can occur after a loss only if the loss is from a different stock (which pushes the fraction of wealth invested in the first stock high enough to reach the sell boundary), and similarly a purchase of a stock can occur after a gain only if there is a gain from a different stock. This suggests an even stronger asymmetry between the trading directions for winners and losers, and thus a stronger disposition effect in the observable case, as we show later.

3.1.2 The disposition effect and related patterns

In this subsection, we examine in details our model's predictions on various disposition effect-related patterns.

The disposition effect in the full sample. To determine whether the widely documented disposition effect is consistent with the trading strategies implied by our model, we conduct simulations of these trading strategies, keeping track of quantities, such as purchase prices, sale prices, and transaction times. Following Odean (1998), each day that a sale takes place, we compare the selling price for each stock sold to its average purchase price to determine whether that stock is sold for a gain or a loss. Each stock that is in that portfolio at the beginning of that day, but is not sold, is counted as a paper (unrealized) gain or loss, or neither. This is determined by comparing the stock's highest and lowest prices for that day to its average purchase price. If its daily low is above its average purchase price, it is counted as a paper gain; if its daily high is below its average purchase price, it is counted as a paper loss; and if its average purchase price lies between the high and the low, neither a gain nor a loss is counted. On days when no sales take place, no gains or losses (realized or paper) are counted.¹⁷

For each simulated path of the stocks and on each day, using the above definitions, we compute the number of realized gains/losses ($\#$ Realized Gains/Losses) and the number

¹⁷ As in Odean (1998), when a sale occurs, we assume that the average purchasing price of the remaining shares does not change. For a robustness check, we also use alternative counting methods, such as first-in-first-out, last-in-first-out, and highest-purchase-price-first-out for the purpose of computing the average purchasing price for the current position. We find that the results are similar.

Table 3: Disposition effect measures

This table shows the disposition effect measures for the observable and the unobservable cases: A1 and A2 for the full sample of sales; B1 and B2 for the subsample of sales in which there is no new purchase in the following three weeks; and C1 and C2 for the subsample of sales in which there is at least one stock being completely sold. The results are obtained from 10,000 simulated paths for each stock. $DE \equiv PGR - PLR$ and $DER \equiv PGR/PLR$. Parameter values: $T = 5$, $\gamma = 3$, $r = 0.04$, $N = 4$; $\mu_i = 0.1$, $\sigma_i = 0.3$, $z_{i0} = E[\mu_i] = 0.1$, $V_i(0) = 0.0045$, and $\alpha_i = \theta_i = 0.01$, for $i = 1, \dots, 4$. $V_i(0) = 0$ for $i = 1, \dots, 4$ for the observable case. The symbol *** indicates a statistical-significance level of 1%.

Observable case				
	A1: Full sample	B1: No-new purchase	C1: Complete sale	
<i>PGR</i>	0.348	0.343	N.A.	
<i>PLR</i>	0.079	0.081	N.A.	
<i>DE</i>	0.269***	0.261***	N.A.	
<i>DER</i>	4.427***	4.211***	N.A.	
Unobservable case				
	A2: Full sample	B2: No-new purchase	C2: Complete sale	
<i>PGR</i>	0.331	0.330	0.123	
<i>PLR</i>	0.168	0.171	0.417	
<i>DE</i>	0.163***	0.159***	-0.294***	
<i>DER</i>	1.971***	1.933***	0.294***	
Odean (1998)'s measure				
	A3: Full sample	B3: No-new purchase	C3: Complete sale	
<i>PGR</i>	0.148	0.449	0.233	
<i>PLR</i>	0.098	0.281	0.155	
<i>DE</i>	0.050***	0.168***	0.078***	
<i>DER</i>	1.510***	1.598***	1.503***	

of paper gains/losses (# Paper Gains/Losses) for the optimal trading strategy. Then, we sum these numbers across all simulated paths to calculate the following ratios,¹⁸ as used by Odean (1998):

$$PGR = \frac{\#Realized\ Gains}{\#Realized\ Gains + \#Paper\ Gains},$$

$$PLR = \frac{\#Realized\ Losses}{\#Realized\ Losses + \#Paper\ Losses}.$$

We report these values in Parts A1 and A2 of Table 3 for the observable expected return and the unobservable expected return cases, respectively. These values suggest

¹⁸ Similar to Barberis and Xiong (2009), we assume that each sample path is corresponding to the realization in a trading account.

that the disposition effect documented in the existing literature is consistent with the optimal portfolio rebalancing strategy implied by our model. For example, Table I of Odean (1998) reports a PLR of 0.098 and a PGR of 0.148. In comparison, our model with four stocks implies a PLR of 0.168 and a PGR of 0.331, with small standard errors that have been omitted from the table. The disposition effect measure $DE \equiv PGR - PLR$ is equal to 0.163 and is statistically significant at 1%.¹⁹ We also report an alternative disposition effect measure $DER \equiv PGR/PLR$, which uses the ratio of the two fractions. As shown in Table 3, the results are qualitatively similar.²⁰

The main intuition for our results is as follows. The disposition effect in our model is driven by the exposure effect, i.e., the effect of the need to keep stock risk exposure within a certain range. If the risk exposure increases beyond the range after an increase in a stock price, the investor sells with a gain. If the risk exposure decreases beyond the range after a decrease in a stock price, however, the investor *buys* additional shares instead of selling. Thus, the exposure effect makes the investor sell after a sufficient increase in stock price, but buy after a sufficient decrease in stock price. This asymmetry in trading directions for winners and losers implies one aspect of the disposition effect, i.e., investors sell winners more frequently than losers. The other aspect of the disposition effect, i.e., investors tend to hold onto losers (rather than buying more), follows from the presence of transaction costs, which makes it costly to buy immediately after a stock becomes a loser.

As an alternative way of explaining the disposition effect result, note that selling a stock with a loss requires that the sell boundary be reached after a drop in the stock

¹⁹ In our base case, we set the number of stocks to the median number of stocks held by investors in Odean (1998)'s sample, which is four. It can be easily shown that, in a model with four stocks, at least one of the percentage of gains realized (PGR) or the percentage of losses realized (PLR) will be no less than 1/4 (the proof of a general result is presented in Appendix A.4). This suggests that the empirical magnitude of the disposition effect (e.g., a PGR of 0.15 as found by Odean (1998)) must be from investors who hold a larger number of stocks. In fact, if we increase the number of stocks in our model to eight, our model predicts a PGR of 0.166 and a PLR of 0.081, implying a disposition effect measure of $DE = 0.085$, which is close to the empirical magnitude reported in Odean (1998).

²⁰ We have also calculated these ratios for alternative values of the investor's risk aversion coefficient and investment horizon. For example, PGR and PLR equal to 0.283 and 0.221 (0.331 and 0.149 resp.) when we set the investor's risk aversion coefficient to 1 (5 resp.); they equal to 0.380 and 0.196 (0.315 and 0.138 resp.) when we set the investment horizon to 2 (10 resp.) years.

price. However, *ceteris paribus*, after a decrease in the stock price, the fraction of wealth invested in this stock goes down, and thus the (higher) sell boundary is less likely to be reached than the (lower) buy boundary, whereas after an increase in the stock price, the opposite is true. In addition, because stocks that are bought have positive expected returns, gains occur more often than losses do. Consequently, the investor sells more often to realize gains than to realize losses, which is consistent with the disposition effect.

If the expected returns are unobservable, then a learning effect, i.e., the effect of the investor's revision of the conditional distribution of the expected return after a change in the stock price, is also at work. If the stock price goes up (down), the investor revises upward (downward) the estimate of the expected return. The conditional variance of the expected return decreases deterministically and monotonically with time. Thus, the learning effect tends to make the investor buy after a stock price increase and tends to make the investor sell after a stock price decrease if the decrease in the conditional expected return dominates the decrease in the conditional variance. Therefore, the learning effect can counteract against the exposure effect. Indeed, as shown in Parts A1 and A2, the disposition effect is stronger in the observable case because the counteracting learning effect is absent in this case. Because learning about means is slow, the learning effect is on average much smaller than the exposure effect, the exposure effect dominates unconditionally, and thus the disposition effect is still strongly significant, even in the unobservable case.²¹

The above finding that the learning effect tends to decrease the disposition effect may shed some light on the empirical evidence that the disposition effect is stronger among less sophisticated investors (e.g., Dhar and Zhu (2006)). This is because less sophisticated investors may learn more slowly about the true expected returns through past returns than more sophisticated investors, and thus the learning effect is weaker and the disposition effect is stronger for less sophisticated investors. For naive investors who do not learn at all, the disposition effect is the greatest, whether they happen to have the correct estimate of the expected return or not.

²¹ As we show later, the learning effect can dominate in some states.

The disposition effect in sales not followed by purchase. Odean (1998) demonstrates that, among the sales after which there were no purchases of another stock in three weeks, the disposition effect still appears. Because in most of the existing portfolio rebalancing models (e.g., Merton (1971)) selling a stock without immediately purchasing others is unlikely to be optimal, Odean (1998) concludes that portfolio rebalancing is unlikely to explain the disposition effect in this subsample. While it is true that an investor always immediately buys another stock after a sale of a stock in the absence of transaction costs, in the presence of transaction costs, however, it can be optimal for an investor to sell a stock without purchasing another for an extended period of time. This is because, as long as other stock positions are inside their no-transaction regions, it is not optimal for the investor to buy any additional amount of these stocks, even after a sale of another stock.

To determine if our model could generate the disposition effect in the subsample with no immediate purchases of other stocks after selling one, we computed the *PLR* and *PGR* ratios when restricted to this subsample. Parts B1 and B2 of Table 3 display the results, which are similar to those obtained for the full sample. For example, Panel B2 of Table 3 demonstrates that, across all sample paths without a new purchase in three weeks after a sale, *PGR* is equal to 0.330, *PLR* is equal to 0.171, and *DE* is equal to 0.159 with high statistical significance. As in the full sample case, the results in the observable case are stronger. These results suggest that the disposition effect found in the no-new-purchase subsamples that Odean (1998) considers can be consistent with the portfolio rebalancing strategies implied by a rational model such as ours.

The disposition effect in complete sales. Odean (1998) demonstrates that, in the subsample in which the investor sells the entire position of at least one stock, the disposition effect still appears. Because in most of the existing portfolio rebalancing models (e.g., Merton (1971)) selling the entire position of a stock is not optimal, Odean (1998) concludes that portfolio rebalancing is unlikely to explain the disposition effect in this subsample. A similar analysis is conducted, and the same conclusion is reached by Engelberg, Henriksson, and Williams (2018).

Indeed, our baseline case does not generate the disposition effect in this subsample, as shown by Panel C2 of Table 3. The reason is that complete sales occur only when the price of a stock declines so much that its conditional expected return turns negative. As a result, complete sales more likely follow a loss if all stocks have constant expected returns.²² However, if there is a stock with a mean-reverting expected return in the investor's portfolio, then we are able to generate the disposition effect in this subsample.²³ For this stock, with a large positive shock on price, its instantaneous expected return can be driven below the risk-free rate. This is consistent with the evidence for stock-level mean-reversion, conditional on large price changes (e.g., Zawadowski, Andor, and Kertesz (2006), Dunis, Laws, and Rudy (2010)). As a result, completely liquidating this stock can also be driven by a large stock price increase (in addition to learning about the expected return after a large price drop). With a reasonable set of parameter values for this stock and the same parameter values for the other four stocks, we obtain $PGR = 0.221$, $PLR = 0.183$, and thus $DE = 0.038$ among the subsample with complete sales of at least one stock. As before, in this subsample, the disposition effect is still driven by the exposure effect.²⁴

The reverse disposition effect. Odean (1998) also documents a reverse disposition effect, i.e., relative to winning stocks, investors have a higher tendency to purchase additional shares of losing stocks. This is clearly consistent with portfolio rebalancing, which

²² In the case with observable expected returns, it is never optimal to liquidate the entire position on a stock due to its known positive risk premium. As a result, we put N.A. in Part C1.

²³ For this stock, the price dynamics is given as follows:

$$\frac{dS_i(t)}{S_i(t)} = (\mu_i + \eta_i(t))dt + \sigma_i dB_{it}, \quad (18)$$

where $\eta_i(t)$ follows an Ornstein-Uhlenbeck process with zero mean (without loss of generality), i.e.:

$$d\eta_i(t) = -g_i\eta_i(t)dt + \nu_i dB_{it}^\eta. \quad (19)$$

We assume that the Brownian motions (B_{it}, B_{it}^η) are correlated with coefficient ρ_i , and they are independent of all other Brownian motions in the model.

²⁴ We note that a mean-reverting expected return is not necessary for the disposition effect within a sample with complete sales. For example, in a previous version of the paper, we show that the disposition effect is consistent with investors' trading pattern in the presence of committed consumption (as in Liu (2014)). To conserve space, we do not include this alternative model or its results in this paper, but they are available from the authors.

Table 4: Reverse disposition effect measures

This table shows the reverse disposition effect. The results are obtained from 10,000 simulated paths for each stock. Parameter values: $T = 5$, $\gamma = 3$, $r = 0.04$, $N = 4$; $\mu_i = 0.1$, $\sigma_i = 0.3$, $z_{i0} = E[\mu_i] = 0.1$, $V_i(0) = 0.0045$, and $\alpha_i = \theta_i = 0.01$ for $i = 1, \dots, 4$. $V_i(0) = 0$ for $i = 1, \dots, 4$ for the observable case. The symbol *** indicates a statistical-significance level of 1%.

	Observable case	Unobservable case	Odean (1998)'s measure
<i>PLPA</i>	0.415	0.299	0.135
<i>PGPA</i>	0.122	0.228	0.094
<i>RDE</i>	0.293***	0.071***	0.041***

predicts that, after a drop in price, an investor is more likely to buy the stock to increase risk exposure. To confirm this intuition, we calculate the two measures *PLPA* and *PGPA* used by Odean (1998):

$$PGPA = \frac{\#Gains\ Purchased\ Again}{\#Gains\ Purchased\ Again + \#Gains\ Potentially\ Purchased\ Again},$$

$$PLPA = \frac{\#Losses\ Purchased\ Again}{\#Losses\ Purchased\ Again + \#Losses\ Potentially\ Purchased\ Again}.$$

These measures are similar to *PGR* and *PLR*, except that they are computed at the time when a purchase, instead of a sale, is made. For example, *#Gains Purchased Again* is the number of times when a purchase is made on a stock that has a gain as of the purchasing time, and *#Gains Potentially Purchased Again* is the number of other stocks that have a paper gain, but are not purchased again at the aforementioned purchasing time. Odean (1998) reports $PLPA = 0.135$ and $PGPA = 0.094$. We obtain $PLPA = 0.299$, and $PGPA = 0.228$ for the case with unobservable expected returns (reported in Part A2 of Table 4). The reverse disposition effect is stronger in the observable case as shown in Part A1 of the same table, because of the absence of the learning effect. This suggests that the reverse disposition effect is also consistent with optimal portfolio rebalancing.

The impact of higher volatility on the disposition effect. Kumar (2009) investigates stock-level determinants of the disposition effect and finds that the disposition

Table 5: The disposition effect and volatility

This table shows the disposition effect measures for two return volatility levels. The results are obtained from 10,000 simulated price paths for each stock. Parameter values: $T = 5$, $\gamma = 3$, $r = 0.04$, $N = 4$; $\mu_i = 0.1$, $z_{i0} = E[\mu_i] = 0.1$, $V_i(0) = 0.0045$ and $\alpha_i = \theta_i = 0.01$, for $i = 1, \dots, 4$. The symbol *** indicates a statistical-significance level of 1%.

	Base case ($\sigma = 0.3$)	Higher volatility ($\sigma = 0.35$)
Average time from buy to sell	2.095	1.952
<i>PGR</i>	0.331	0.395
<i>PLR</i>	0.168	0.050
<i>DE</i>	0.163***	0.345***
$\Delta(DE)$	0.182***	

effect is stronger for stocks with higher volatility.²⁵ Kumar argues that this is consistent with behavioral biases being stronger for more volatile stocks. We next demonstrate that this pattern can also be a result of portfolio rebalancing. For this purpose, we calculate the disposition effect measures when we increase the return volatilities to 35% and report the results in Table 5. Consistent with Kumar (2009), we find a stronger disposition effect when stock returns are more volatile.

The main driving force behind the above result is the greater exposure effect for a more volatile stock. As volatility increases, the sell boundary is reached more frequently, as indicated by the shorter average duration from buy to sell. Consequently, gains are realized more often. Because losses are more likely followed by purchases, this implies a greater exposure effect and thus a stronger disposition effect for more volatile stocks.

When investors need to learn about the expected returns, the learning effect is also at work. As indicated by Equation (A-16), the strength of the learning effect can be measured by $\frac{\sigma_i V_i(0)}{\sigma_i^2 + V_i(0)t}$, i.e., the sensitivity of the revision of the conditional expected return dz_{it} to the realized shock $d\hat{B}_{it}^S$. For typical values of the stock return volatility σ_i (e.g. ranging over 15% - 50%), the strength of learning effect weakens as volatility increases. Because learning effect tends to reduce the disposition effect, our model predicts a stronger disposition effect for more volatile stocks due to weaker learning effect.

The empirical studies conducted by Kumar (2009) are on the stock level. Based on

²⁵ To the extent that mutual funds have less volatile returns than individual stocks do, this is consistent with the finding that trading in mutual funds exhibits a weaker disposition effect.

Table 6: *Ex-post* returns

This table shows the average *ex-post* returns of the stocks sold as winners and of the stocks held as losers. The results are obtained from 10,000 simulated paths. Parameter values: $T = 5$, $\gamma = 3$, $r = 0.04$, $N = 4$; $\mu_i = 0.1$, $\sigma_i = 0.3$, $z_{i0} = E[\mu_i] = 0.1$, $V_i(0) = 0.0045$, and $\alpha_i = \theta_i = 0.01$, for $i = 1, 2$; and $\mu_i = 0.15$, $\sigma_i = 0.3$, $z_{i0} = E[\mu_i] = 0.15$, $V_i(0) = 0.0045$, and $\alpha_i = \theta_i = 0.01$, for $i = 3, 4$. The symbol *** indicates a statistical-significance level of 1%. The quantities reported in parentheses are the excess returns reported in Odean (1998).

	Over the next 84 trading days	Over the next 252 trading days
Stocks sold as winners	4.93% (0.47%)	14.82% (2.35%)
Stocks held as losers	4.16% (-0.56%)	12.83% (-1.06%)
Difference	0.77%*** (1.03%)	1.99%*** (3.41%)

the above discussions, our model offers a new prediction: investors with a more diversified portfolio or a better hedged portfolio have a weaker disposition effect. This is because a more diversified portfolio or a better hedged portfolio tends to have a lower volatility, and thus a weaker exposure effect.

***Ex-post* return pattern.** Studies such as Odean (1998) have found that investors tend to sell winners that subsequently outperform losers that they continue to hold, which could indicate that investors sell winners too soon and hold onto losers too long. The existing literature has interpreted this evidence as supporting the argument that displaying the disposition effect is costly to investors.²⁶ We next demonstrate that, for portfolio rebalancing purposes, it can be optimal for investors to sell winners that subsequently outperform losers that they have kept.

For this purpose, we increase the expected returns of Stocks 3 and 4 by 5% and keep everything else unchanged. Then we solve for the investor's optimal trading strategy and perform simulations again. We report in Table 6 the average *ex-post* returns of stocks sold as winners and of those held as losers in simulations of our model. The table shows that selling winners whose future expected returns are greater than those of the losers held can be optimal. For example, over the next 84 days after a sale, the average return of the winners sold is 0.77% higher than the losers held. Over the next 252 days, the

²⁶ However, some other studies, e.g., Locke and Mann (2005), do not find such pattern on *ex-post* returns among professional traders exhibiting the disposition effect.

return gap grows to 1.99%. This result is due to a straightforward mechanism at work: stocks with higher expected returns (i.e., Stocks 3-4 in this case) are more likely to be sold as winners because it is more often that the exposure in these stocks exceeds the sell boundary as a result of the faster expected growth in their prices; in contrast, stocks with lower expected returns (i.e., Stocks 1-2 in this case) are more likely to become losers to be held onto than those with higher expected returns. This mechanism implies that the average *ex-post* returns of the sold winners can exceed those of the held losers, because holding onto the stocks with lower expected returns provides diversification benefits and selling stocks with higher expected returns reduces risk exposure to these stocks.

3.1.3 The V-shaped trading patterns and distribution of realized returns

Ben-David and Hirshleifer (2012) demonstrate that the probability of selling and of buying more are both greater for positions with larger unrealized gains and larger unrealized losses, i.e., the plots of these probabilities against paper profit exhibit V-shaped patterns. In contrast, extant theories based on the static prospect theory and regret aversion predict that the larger the loss, the less likely investors are to sell, and the larger the gain, the less likely they are to buy, which are both opposite to the V-shape patterns. Ben-David and Hirshleifer (2012) argue that the V-shape pattern can be consistent with belief-based trading behavior. Assuming that an investor can obtain a burst of reference-dependent utility from a sale in a dynamic-prospect-theory setting, Ingersoll and Jin (2013) demonstrate that the probability of selling may increase with the magnitude of losses. The driving force in their model is that realizing large losses resets the reference points to lower levels, which can potentially increase the reference-dependent utility. In contrast, Frydman, Hartzmark, and Solomon (2018) find convincing empirical evidence that investors do not reset their reference points after sales if they buy new assets shortly after the sales. In addition, Ingersoll and Jin (2013) cannot explain why the probability of buying more increases with the magnitude of gains.

We next demonstrate that the V-shape patterns can also be consistent with the optimal trading strategy in our model because of the interactions between the exposure effect

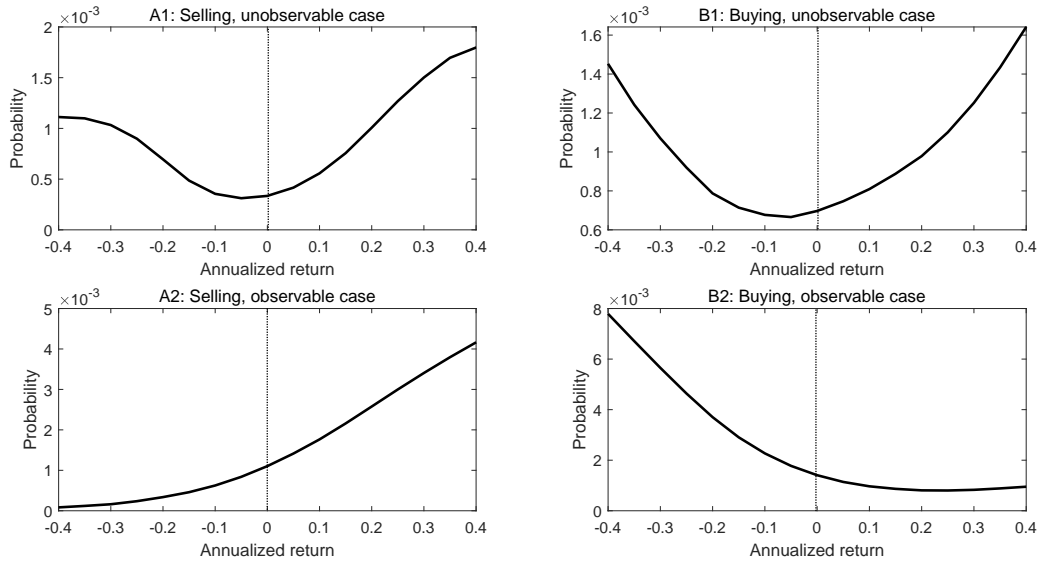


Figure 2: Probability of selling or of buying shares.

This figure shows the probability of selling or of buying shares against the up-to-date annualized return. Parameter values: $T = 5$, $\gamma = 3$, $r = 0.04$, $N = 4$; $\mu_i = 0.1$, $\sigma_i = 0.3$, $z_{i0} = E[\mu_i] = 0.1$, $V_i(0) = 0.0045$, and $\alpha_i = \theta_i = 0.01$, for $i = 1, \dots, 4$. $V_i(0) = 0$ for $i = 1, \dots, 4$ for the observable case.

and the learning effect. To illustrate, we plot the probability of selling and the probability of buying more as a function of past annualized returns obtained from holding shares in Figure 2 for both the observable and the unobservable cases.²⁷ This figure demonstrates that, if the expected returns are unobservable, then both the selling probability and the buying probability against past returns implied by our model can display V-shape patterns, consistent with the empirical evidence in Ben-David and Hirshleifer (2012).²⁸ In Figure 3, we show that the V-shape patterns remain present under various alternative values for parameters, such as the mean and variance of the investor’s prior on the stocks’ expected returns and the return volatility.

As we discussed previously, there are two possibly opposing effects at work in our model with unobservable expected returns. The first one is the exposure effect, which tends to make the investor sell (buy) after an increase (a decrease) in exposure following

²⁷ See Section A.5 for details on how we calculate the probabilities of selling and buying given the magnitude of paper gains or losses.

²⁸ Note that Figure 2 is also consistent with the disposition effect, because the unconditional probability of selling is lower for a loss compared to that for a gain of the same magnitude.

a positive (negative) return. The second one is the learning effect, which counteracts against the exposure effect.²⁹ The intuition behind the V-shape pattern results is as follows:³⁰

1. When there is a gain. With a gain, the learning effect increases the probability of buying, while the exposure effect increases the probability of selling. As the magnitude of the gain increases, both the learning effect and the exposure effect increase, which in turn implies that both the probability of buying and the probability of selling increase (which implies the probability of no action decreases). This mechanism generates the right-half of the V-shapes for selling and for buying.
2. When there is a loss. With a loss, the learning effect increases the probability of selling, while the exposure effect increases the probability of buying. As the magnitude of the loss increases, both the learning effect and the exposure effect increase, which in turn implies that both the probability of buying and the probability of selling increase. This mechanism generates the left-half of the V-shapes for selling and for buying.
3. The slope asymmetry between the right and left parts of the V-Shape results follows from the speed of the learning process. If, as the return magnitude changes, the learning effect changes relatively slowly compared to the exposure effect, then the right (left) part of the V-shape for selling (buying) will be steeper.

Consistent with the above intuition, the two subfigures at the bottom of Figure 2 show that if the expected returns are observable, then the V-shape patterns disappear. This is because, in this case, there is no learning effect, and therefore the exposure effect makes the probability of selling increase monotonically and the probability of buying more decrease monotonically with the past returns. This highlights the importance of learning in understanding the V-shape patterns. Our model thus offers another new

²⁹ To have an idea about the magnitude of the learning effect, assume that the stock price experiences a 10% drop in five consecutive days. This would result in an approximately 2% drop in the estimate of the expected return.

³⁰ A quantitative discussion of the learning effect is presented in Appendix A.2.

prediction: the V-shaped trading patterns are less pronounced for stocks with more public information, such as S&P 500 stocks, because for these stocks much is already known and as a result the learning effect is weaker.

Ben-David and Hirshleifer (2012) also find that the empirical distribution of realized returns is hump-shaped with a maximal value in the domain of gains (see Figure 4 in the Appendix of Ben-David and Hirshleifer (2012)). We plot in Figure 4 the distribution of realized returns generated by our model via 10,000 simulated sample paths. Figure 4 shows that the distribution of realized returns implied by our model is also hump-shaped, consistent with the empirical finding of Ben-David and Hirshleifer (2012). The reason for the hump-shape in our model is that the investor optimally keeps her risk exposure in a certain range, and thus sales are most likely to occur when the magnitude of a gain is just large enough to push her risk exposure out of the optimal range. Therefore, more realized returns concentrate around this critical magnitude and the rest have lower probability density, which implies that the distribution of realized returns exhibits a humped shape.

3.1.4 The repurchase pattern

Strahilevitz, Odean, and Barber (2011) find that investors are reluctant to repurchase stocks previously sold for a loss and stocks that have appreciated in price subsequent to a prior sale. Strahilevitz, Odean, and Barber (2011) attribute this repurchase pattern to the emotional impact of past trading activities.

Following the approach outlined in Strahilevitz, Odean, and Barber (2011), we simulate our model to compute the proportion of prior losers repurchased ($PLRP$), the proportion of prior winners repurchased ($PWPR$), the proportion of stocks that have gone up in prices since the last sale at the time of the repurchase (PUR), and the proportion of stocks that have gone down in price since the last sale at the time of the repurchase (PDR).³¹ Strahilevitz, Odean, and Barber (2011) find that $PLPR < PWPR$ and $PUR < PDR$. In Table 7, we report these repurchase measures from the simulation

³¹ We use the notation $PLRP$ to denote the proportion of prior losers repurchased to distinguish from the disposition effect-related measure PLR .

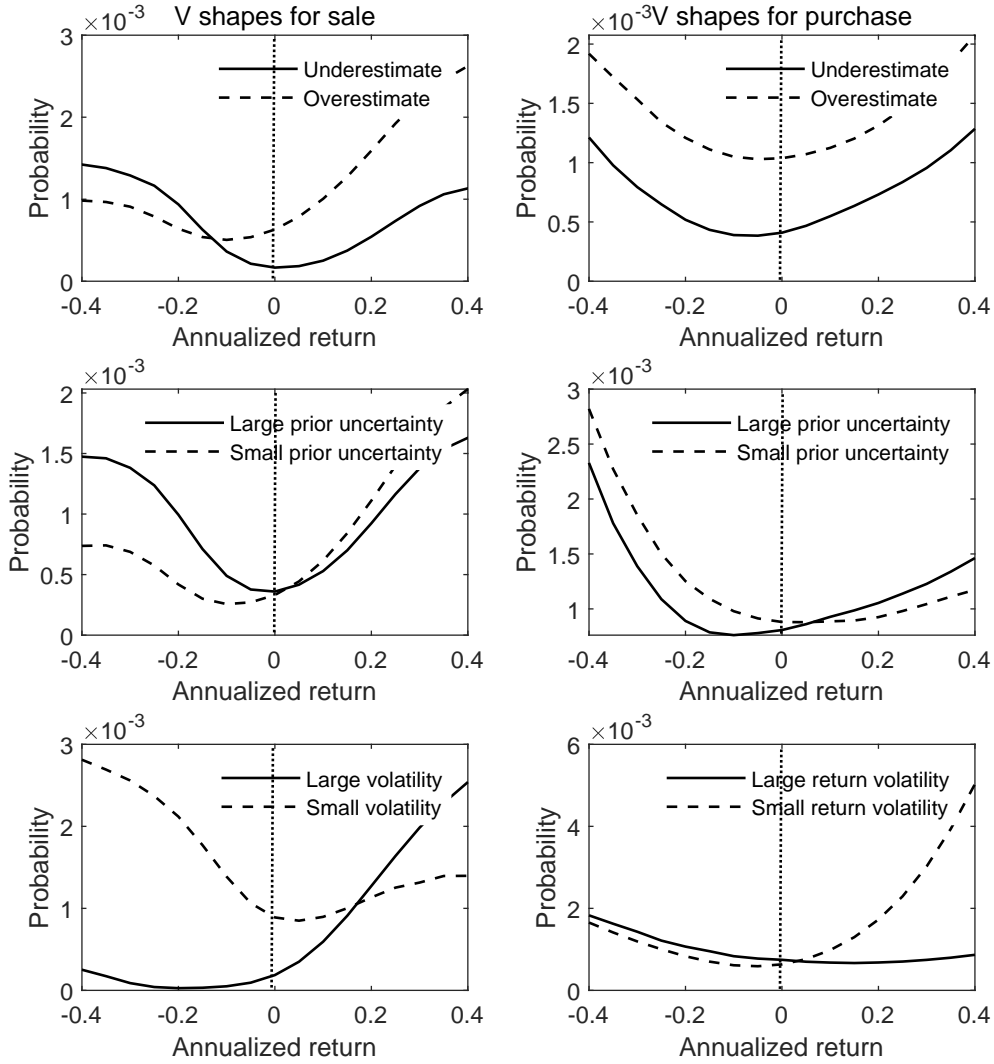


Figure 3: V-shapes for alternative parameter values.

This figure shows the probability of selling or of buying shares against the up-to-date annualized return, for various alternative parameter values in the model. Baseline parameter values: $T = 5$, $\gamma = 3$, $r = 0.04$, $N = 4$; $\mu_i = 0.1$, $\sigma_i = 0.3$, $z_{i0} = E[\mu_i] = 0.1$, and $V_i(0) = 0.0045$, and $\alpha_i = \theta_i = 0.01$, for $i = 1, \dots, N$. For the two subfigures on the top, “Overestimate” is the case with $z_{i0} = \mu_i + 0.01$, $i = 1, \dots, N$, and “Underestimate” is the case with $z_{i0} = \mu_i - 0.01$, $i = 1, \dots, N$. For the two subfigures in the middle, “Large prior uncertainty” is the case in which $V_i(0) = 0.005$ for $i = 1, \dots, N$, and “Small prior uncertainty” is the case in which $V_i(0) = 0.004$ for $i = 1, \dots, N$. For the two subfigures at the bottom, “Large return volatility” is the case in which $\sigma_i = 0.35$ for $i = 1, \dots, N$, and “Small return volatility” is the case in which $\sigma_i = 0.25$ for $i = 1, \dots, N$.

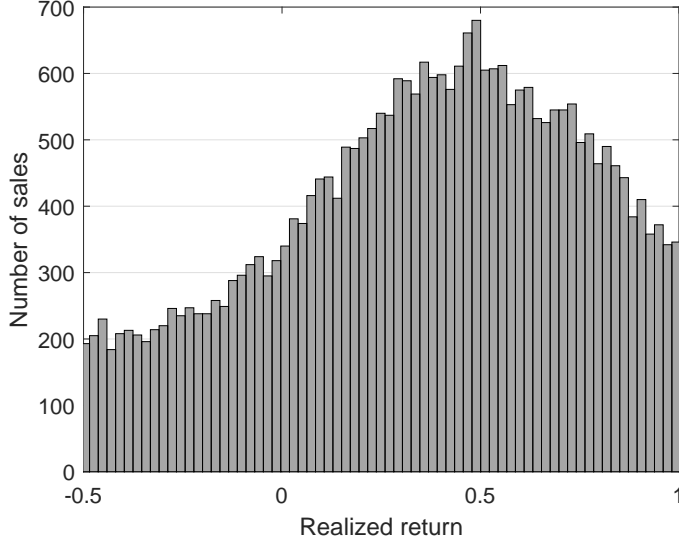


Figure 4: Distribution of realized returns.

This figure presents the distribution of realized returns predicted by our model. Parameter values: $T = 5$, $\gamma = 3$, $r = 0.04$, $N = 4$; $\mu_i = 0.1$, $\sigma_i = 0.3$, $z_{i0} = E[\mu_i] = 0.1$, $V_i(0) = 0.0045$, and $\alpha_i = \theta_i = 0.01$, for $i = 1, \dots, N$.

using the baseline parameter values. Overall, we find that these measures from our model agree with the empirical findings of Strahilevitz, Odean, and Barber (2011).

The intuition is as follows. Selling a loser is typically triggered by a substantial decrease in the investor's estimate of the stock's expected return, while selling a winner is more often driven by a price increase. Because changes in the estimate of expected return are slow, it takes a longer time to repurchase a loser sold. This implies that $PLPR < PWPR$.

On the other hand, the previous sales are more likely due to too much exposure if the sales were not made. Repurchasing is optimal only when the exposure becomes too low after a drop in stock prices. Therefore, the investor is more likely to repurchase stocks that have depreciated in value since the last sale. This is why our model predicts that $PUR < PDR$.

We report in Panel A2 and B2 of Table 7 the repurchase effect measures in the observable case. In this case, the difference between PDR and PUR becomes much larger, while the difference between $PWPR$ and $PLPR$ becomes much smaller and insignificant. This further confirms that in our model with unobservable expected returns, the result

Table 7: Repurchase effect measures

This table shows the repurchase effect measures. The results are obtained from 10,000 simulated paths for each stock. Parameter values: $T = 5$, $\gamma = 3$, $r = 0.04$, $N = 4$; $\mu_i = 0.1$, $\sigma_i = 0.3$, $z_{i0} = E[\mu_i] = 0.1$, $V_i(0) = 0.0045$, and $\alpha_i = \theta_i = 0.01$, for $i = 1, \dots, 4$. The symbol *** indicates a statistical-significance level of 1%.

Unobservable case			
A1: Previous winners or losers		B1: Winners or losers since last sale	
<i>PLRP</i>	0.336	<i>PDR</i>	0.461
<i>PWRP</i>	0.399	<i>PUR</i>	0.326
Difference	-0.063***	Difference	0.135***
Observable case			
A2: Previous winners or losers		B2: Winners or losers since last sale	
<i>PLRP</i>	0.299	<i>PDR</i>	0.456
<i>PWRP</i>	0.310	<i>PUR</i>	0.011
Difference	-0.011	Difference	0.445***

that $PLRP < PWRP$ is due to the learning effect, and that $PUR < PDR$ is due to the exposure effect.

3.2 The case with correlated returns and priors

Although the uncorrelated return case provides a clean setting to illustrate the main mechanisms of our model, it is important to show that these mechanisms are robust when correlations are allowed, solutions are not approximated, and parameter values are calibrated to real data. In this subsection, we show this robustness and practical relevance.

3.2.1 Model calibration

Because most empirical studies on the disposition effect-related patterns use trading data from 1986 to 1996, we use data from 1950 to 1985 (post-war but before 1986) to estimate the model parameters as the priors.³² During this sample period, the estimated risk-free rate is 4.9%. Because it is difficult to precisely determine the stocks held in

³²We conduct the same analysis using data from January 2000 to December 2019 and find the same qualitative results.

Table 8: Parameter estimates

This table reports the expected return, return volatility, average bid-ask spread, and return correlations of the four sample stocks.

Panel A: Return moments and BAS				
	PEP	X	MHP	BA
Expected return	0.170	0.114	0.214	0.245
Return volatility	0.251	0.245	0.301	0.340
Standard deviation of prior	0.042	0.041	0.050	0.057
Average bid-ask spread (%)	1.81	1.86	1.87	2.57

Panel B: Correlations				
	PEP	X	MHP	BA
PEP	1			
X	0.260	1		
MHP	0.175	0.165	1	
BA	0.236	0.294	0.165	1

a representative investor’s portfolio, to illustrate our main results, we choose four well-known stocks from different sectors that were widely held during that period of time: Pepsi Co, Inc. (PEP), United States Steel Corp. (X), McGraw Hill Publishing, Inc. (MHP), and Boeing Corp. (BA). The estimates of average returns, return volatilities, and bid-ask spreads are reported in Panel A of Table 8. The standard deviations of priors are obtained by dividing the return volatilities by $\sqrt{36}$.³³ The pairwise return correlations are reported in Panel B of Table 8, and we use the same correlation parameters for the priors.

In the presence of transaction cost and parameter uncertainty, solving a portfolio rebalancing model with correlated stocks is highly challenging. Our numerical method for solving this case is based on the deep neural network (DNN) technique, which is explained in Appendix A.3.³⁴

³³ Note that 36 is the number of years in the sample.

³⁴ In the numerical analysis, we confine ourselves to an investment horizon of one year with twenty interim periods. Using the uncorrelated return case in Section 3.1 as a benchmark, we have confirmed that the DNN method is able to produce reliable results. Specifically, the DNN algorithm generates $PGR = 0.329$ and $PLR = 0.177$, which are close to the results reported in Panel A2 of Table 3.

Table 9: Disposition effect and reverse disposition effect measures

This table shows the disposition effect measures and reverse disposition effect measures for the case with correlated returns and priors. The results are obtained from 10,000 simulated paths for each stock. $DE \equiv PGR - PLR$, $DER \equiv PGR/PLR$, $RDE \equiv PLPA - PGPA$, $RDER \equiv PLPA/PGPA$. The expected returns, volatilities, correlations, standard deviation of priors, and transaction cost rates are as those reported in Table 8. The symbol *** indicates a statistical-significance level of 1%.

A: Disposition effect (DE)		B: DE in no-new purchase subsample		C: Reverse DE	
<i>PGR</i>	0.312	<i>PGR</i>	0.313	<i>PLPA</i>	0.658
<i>PLR</i>	0.272	<i>PLR</i>	0.275	<i>PGPA</i>	0.720
<i>DE</i>	0.040***	<i>DE</i>	0.038***	<i>RDE</i>	0.062***
<i>DER</i>	1.147***	<i>DER</i>	1.138***	<i>RDER</i>	1.094***

3.2.2 Simulation results

Using the same approach as in the previous case, we calculate the disposition effect and reverse disposition effect measures, the ex-post returns of sold winners and of held losers, the probability of selling/purchasing as a function of past returns, the distribution of realized returns in this case, and the repurchase effect measures. Unless otherwise stated, we will focus our discussions on the case with unobservable expected returns.

Disposition effect and reverse disposition effect. We report in Table 9 the disposition effect measures and reverse disposition effect measures we obtain in the correlated return case. It suggests that the disposition effect still exists in this case. For example, Panel A reports that PGR equals 0.312 and PLR equals 0.272, implying a disposition effect measure of $DE = 0.040$. For the subsample of sales which are not followed by purchases in the next three weeks, the measures are quantitatively similar to those obtained from the full sample and are reported in Panel B. Specifically, in this subsample, we obtain $PGR = 0.313$ and $PLR = 0.275$, implying a disposition effect measure of $DE = 0.038$. Similarly, by examining the sample of purchases, we find that the reverse disposition effect still exists in this model, as shown by the results reported in Panel C.

Even when the stocks' returns are correlated, the exposure effect still exists, and the investor tends to reduce risk exposures after gains and increase risk exposures after losses on average. The disposition effect and reverse disposition effect are still driven by such

Table 10: *Ex-post* returns

This table shows the average *ex-post* returns of the stocks sold as winners and of the stocks held as losers for the case with correlated returns and priors. The results are obtained from 10,000 simulated paths. The expected returns, volatilities, correlations, standard deviation of priors, and transaction cost rates are as those reported in Table 8. The symbol *** indicates a statistical-significance level of 1%.

	Over the next 2 periods	Over the next 4 periods
Stocks sold as winners	3.11%	4.09%
Stocks held as losers	0.10%	2.47%
Difference	3.01%***	1.62%***

exposure effect.

Ex-post return pattern. In Table 10, we report the ex-post returns of sold winners and of held losers, respectively. Due to the shorter investment horizon we consider, we calculate these ex-post returns in the next 2 and 4 trading periods. Similar to the uncorrelated return case, we find that the sold winners typically exhibit higher ex-post returns than held losers. This is also because the stocks with higher average returns tend to appreciate in value more quickly, which indicates that they have a higher chance to enter the sell regions and become sold winners.

V-shaped trading patterns and distribution of realized returns. In Figure 5, we plot the probability of selling/purchasing shares as a function of past returns. The results indicate that these probabilities can still both increase as the sizes of gains/losses become larger. Moreover, the left (right) branch of the V-shape for selling (buying) disappears when there is no parameter uncertainty (i.e., no learning effect), as shown by Panel A2 (B2).

Intuitively, even when stock returns are correlated, the basic driving force that the investor should decrease (increase) her estimates of expected returns after large negative (positive) price moves is still present. Thus, the probability of selling shares (of purchasing additional shares) can still increase as the past return become more negative (positive).³⁵

³⁵ Note that the probabilities plotted in Figure 5 are generally greater in magnitude than those in Figure 2. This is because we assume a smaller number of intermediate periods per year when we numerically solve the model with correlated returns (20 v.s. 250 specifically), which increases the likelihood of

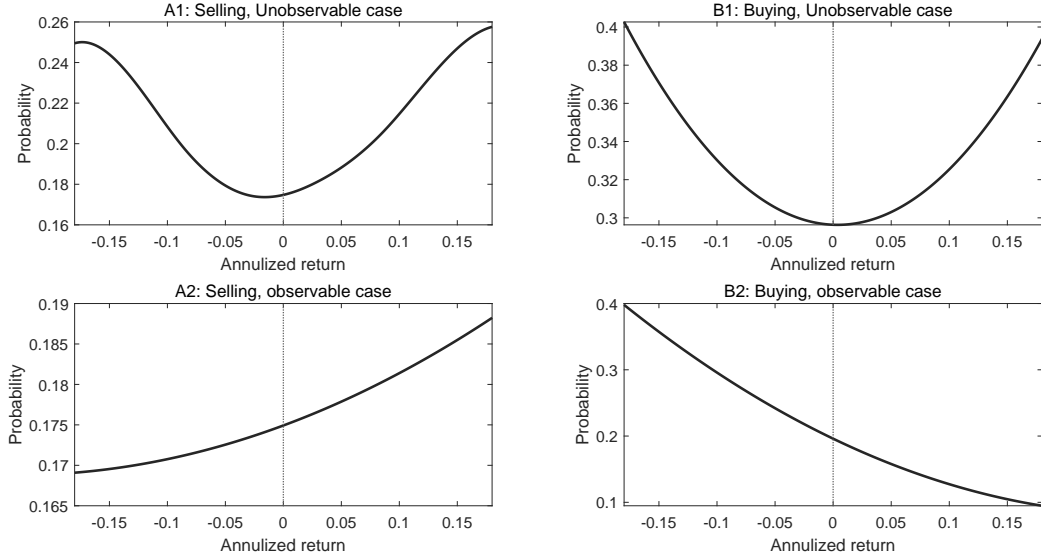


Figure 5: Probability of selling or of buying shares.

This figure shows the probability of selling or of buying shares against the up-to-date annualized return for the case with correlated returns and priors. The expected returns, volatilities, correlations, standard deviation of priors, and transaction cost rates are as those reported in Table 8.

In the uncorrelated return case, we have shown that the distribution of realized returns has a humped shape, with more observations in the domain of gains. In Figure 6, we show the distribution of realized returns in the correlated return case, which suggests that the distribution exhibits similar patterns in this case. The reason is the same as before: the investor optimally keeps her risk exposure in a certain range, and thus sales are most likely to occur when the magnitude of a gain is just large enough to push her risk exposure out of the optimal range.

Repurchase effect. In Table 11, we report the repurchase effect measures obtained from simulations. The results suggest that the investor is still reluctant to repurchase stocks previously sold for a loss and stocks that have appreciated in price subsequent to a prior sale. Hence, these repurchase patterns are still consistent with that reported in Strahilevitz, Odean, and Barber (2011).

trading on each time node.

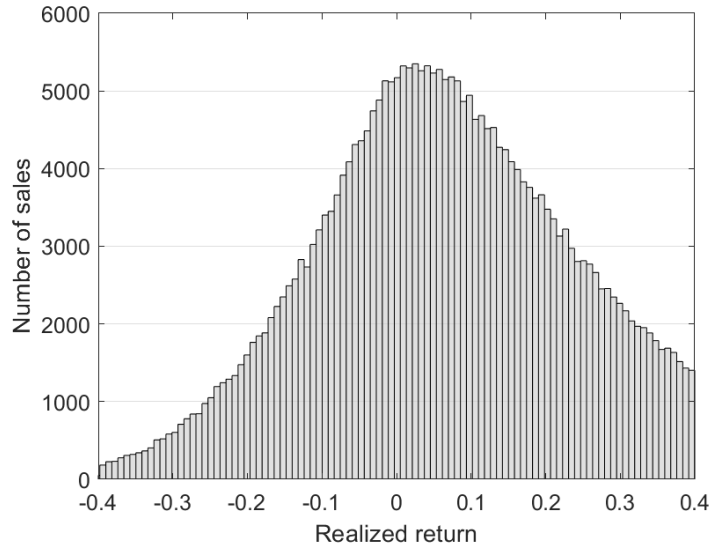


Figure 6: Distribution of realized returns.

This figure presents the distribution of realized returns for the case with correlated returns and priors. The expected returns, volatilities, correlations, standard deviation of priors, and transaction cost rates are as those reported in Table 8.

Table 11: Repurchase effect measures

This table shows the repurchase effect measures for the case with correlated returns and priors. The results are obtained from 10,000 simulated paths for each stock. The expected returns, volatilities, correlations, standard deviation of priors, and transaction cost rates are as those reported in Table 8. The symbol *** indicates a statistical-significance level of 1%.

A: Previous winners or losers		B: Winners or losers since last sale	
<i>PLRP</i>	0.198	<i>PDR</i>	0.209
<i>PWRP</i>	0.304	<i>PUR</i>	0.076
Difference	-0.106***	Difference	0.133***

4 Further Discussions

4.1 Disposition effect in the presence of capital gains tax

It is well known that, with capital gains tax and full capital loss tax rebate, loss realization is beneficial while gains realization becomes more costly (Constantinides (1983)). As a result, the disposition effect will be reduced if one takes capital gains tax into account.

We have also examined the effect of capital gains tax on the disposition effect. We focus on the uncorrelated return case and use the same stock-by-stock approximation

Table 12: Capital gains tax and disposition effect measures

This table reports the disposition effect measure $DE = PGR - PLR$ with/without capital gains tax rates. Parameter values: $T = 5$, $\gamma = 3$, $r = 0.026 (= 0.04 * (1 - 0.36))$, $N = 4$; $\mu_i = 0.1$, $\sigma_i = 0.3$, $z_{i0} = 0.1$, $V_i(0) = 0.0045$, and $\alpha_i = \theta_i = 0.01$, for $i = 1, \dots, N$. The symbol *** indicates a statistical-significance level of 1%.

	No capital gains tax	10% capital gains tax	20% capital gains tax
<i>PGR</i>	0.356	0.320	0.282
<i>PLR</i>	0.143	0.182	0.224
<i>DE</i>	0.213***	0.138***	0.058***
<i>DER</i>	2.494***	1.762***	1.258***

approach as previously.³⁶

In Table 12, we report the disposition effect measures obtained in the presence of capital gains tax. As anticipated, the presence of capital gains tax increases the investor's propensity to realize losses and decreases her propensity to realize gains, thus reducing the disposition effect. However, a significant disposition effect still exists, even with capital gains tax. For example, with a capital gains tax rate of 20%, the disposition effect measure $DE = 0.058$, which is still statistically significant. Meanwhile, our finding that the disposition effect measure decreases in tax rate can be consistent with Dhar and Zhu (2006)'s finding that investors with higher income are less prone to the disposition effect, because these investors are subject to a higher capital gains tax rate.

It should be noted that we assume that the capital losses are fully rebatable to simplify our analysis. In practice, however, the U.S. tax code stipulates a limited tax rebate of up to \$3,000 in losses per year. This feature would reduce the benefit of realizing losses, and thus would increase the magnitude of the disposition effect significantly.

To summarize, although capital gains tax tends to reduce the disposition effect, the disposition effect is still significant even with capital gains tax. The main intuition is that the exposure effect is still present and in the presence of transaction costs, it is optimal to defer even some large capital losses even when capital losses are fully rebatable. Therefore,

³⁶ To keep the conciseness of the exposition, we relegate to Appendix A.6 the details of the model with capital gains tax. Portfolio choice problems with multiple stocks are difficult to solve because of the significant increase in the number state variables even after simplifying approximations such average basis and full rebate for capital losses (see, e.g., Gallmeyer, Kaniel, and Tompaidis (2006)). Meanwhile, it can be expected that the stock-by-stock approximation is less accurate in the presence of capital gains taxes.

the disposition effect is still present, although the magnitude of the disposition effect is reduced due to the additional benefit of realizing losses and deferring gains.

4.2 A discussion of prospect theory models with learning and transaction costs

In the existing literature, researchers often use prospect theory preferences (often with transaction costs) to explain certain investor behaviors including the disposition effect (e.g., Ingersoll and Jin (2013), Barberis and Xiong (2009)). We next discuss the possible implications of such a model if it is combined with the learning effect induced by parameter uncertainty.

A decrease in stock price motivates the investor to sell the stock to reset the reference point. In addition, the learning effect makes the stock less attractive since the estimate of expected return decreases. Combining these two effects, such a model would predict that after a decrease in the stock price, the investor tends to sell the stock and buy back immediately a smaller amount of the stock to maintain an optimal risk exposure. Since a fall in the price results in a loss more likely, this implication is against the disposition effect.

If investors also derive utility from realizing gains (e.g., Ingersoll and Jin (2013), Barberis and Xiong (2009)), an increase in the stock price motivates the investor to sell the stock to obtain realization utilities. On the other hand, the learning effect makes the stock more attractive since her estimate of the expected return increases. Combining these two effects, such a model would predict that after an increase in the stock price, the investor tends to sell the stock and then repurchase a larger amount of the stock immediately. Since an increase in the price results in a gain more likely, this implication is consistent with the disposition effect.

In both cases, the predictions are different from those of our portfolio rebalancing model, which implies that the investor will either sell or buy some stock shares, but not both, depending on the relative strength of the exposure effect versus the learning effect. In addition, after a decrease in the stock price, the learning effect in our model is

counteracted against by another effect (i.e., the exposure effect), while the learning effect in a prospect utility model is magnified by the reference point resetting effect.

5 Conclusions

The disposition effect, i.e., the tendency of investors to sell winners while holding onto losers, has been widely documented. Most of the existing theories that attempt to explain the disposition effect (mostly based on prospect theory, mental accounting, and regret aversion) cannot explain why the plots of the probabilities of buying more and of selling against paper profit both exhibit V-shape patterns, as shown by Ben-David and Hirshleifer (2012). In addition, they are largely silent on other well-documented disposition-effect related patterns, such as investors selling winners that subsequently outperform losers that they hold, the disposition effect being greater for stocks with greater volatilities, and the disposition effect being stronger for less sophisticated investors.

Based on the empirical evidence on the relevance of portfolio rebalancing, learning, and transaction costs for retail investors who typically hold a small number of stocks, we propose an optimal portfolio rebalancing model with learning and transaction costs to show that the disposition effect and many of the related patterns, including the V-shaped trading patterns, are consistent with the optimal trading strategies implied by our model. Our finding suggests portfolio rebalancing may complement existing theories in understanding the disposition effect and the related patterns.

In addition to matching most of the disposition-effect related findings in the literature, our model also offers some new testable predictions. For example, our model predicts that: (1) conditional on return volatility, the magnitude of the disposition effect is greater for stocks for which there is more public information; (2) investors with a more diversified portfolio or a better hedged portfolio have a weaker disposition effect; and (3) the V-shaped trading patterns are more pronounced for stocks with less public information.

Our central message is that, although various types of behavioral biases are likely to exist among some investors, there can well be a rational component in the disposition-

effect and the related trading patterns. How to separate the rational portfolio rebalancing and behavioral components of the disposition effect and its related findings constitutes an interesting empirical question for future studies.

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Appendix

The contents of this appendix are arranged as follows. In Section A.1, we describe the numerical method for solving the case with uncorrelated returns and priors. In Section A.2, we provide a quantitative discussion of the learning effect in the uncorrelated case. In Section A.3, we describe the numerical method for solving the case with correlated returns and priors. In Section A.4, we show that a model with only four stocks (the median stockholding number in Odean (1998)'s sample) is not able to generate disposition effect measures close to the empirical magnitude. In Section A.5, we provide details for the calculation of the probabilities of selling and buying. In Section A.6, we present the model with capital gains tax.

A.1 Numerical Method for the Case with Uncorrelated Returns and Priors

When stock returns and priors for risk premia are all uncorrelated, we design a trading strategy which is economically intuitive and is a good approximation to the optimal. First, in this case, the volatility matrix is $\sigma = \text{diag}(\sigma_1, \dots, \sigma_N)$ and the covariance matrix of priors is $\Delta = \text{diag}(V_1(0), \dots, V_N(0))$. Thus, we have $P = I$ (identity matrix) and $d_i = V_i(0)$, which implies $\delta_i(t) = \frac{V_i(0)}{1+V_i(0)t}$. Let $z_{it} = E[\mu_i | \mathcal{F}_t] = r + \bar{\xi}_i(t)\sigma_i$ and $V_i(t) = E[(\mu_i - z_{it})^2 | \mathcal{F}_t]$, then it is easy to show that

$$dz_{it} = \sigma_{zi}(t)d\hat{B}_{it}, \quad (\text{A-1})$$

where $\sigma_{zi}(t) = \frac{V_i(t)}{\sigma_i}$, $V_i(t)$ satisfies:

$$\frac{dV_i(t)}{dt} = - \left(\frac{V_i(t)}{\sigma_i} \right)^2, \quad (\text{A-2})$$

and \hat{B}_{it} is defined as follows:

$$d\hat{B}_{it} = \frac{1}{\sigma_i}(\mu_i - z_{it})dt + dB_{it}. \quad (\text{A-3})$$

To illustrate the approximation idea, we first show that, under the independence assumption, the optimal position in each stock can be independently solved when the transaction cost is absent.

Proposition 1: *(Decomposition of risk exposure in the absence of transaction cost) Suppose that there is no transaction cost for any stock, i.e., $\alpha_i = \theta_i = 0$ for $i = 1, 2, \dots, N$. Then, the optimal fraction of total wealth W_t invested in Stock i in the model with N stocks equals the optimal fraction when the investor can only invest in the risk-free asset and Stock i .*

Proof. In the absence of transaction cost, we can choose the investor's wealth W_t , instead of $(X_t, Y_{1t}, \dots, Y_{Nt})$, as a state variable. The budget constraint on W_t is given by:

$$dW_t = W_t \left(rdt + \sum_{i=1}^N \pi_{it}(z_{it} - r)dt + \pi_{it}\sigma_i d\hat{B}_{it} \right), \quad (\text{A-4})$$

where π_{it} is the fraction of total wealth invested in Stock i at time t , satisfying $\pi_{it} \geq 0$ due to the short-sale constraint. Let $\Phi(W, z_1, \dots, z_N, t)$ be the value function, then the associated HJB equation is:

$$\begin{aligned} \sup_{\pi_i \geq 0, 1 \leq i \leq N} \left\{ \frac{\partial \Phi}{\partial t} + (r + \sum_{i=1}^N (z_i - r)\pi_i)W \frac{\partial \Phi}{\partial W} + \frac{1}{2} \sum_{i=1}^N \pi_i^2 \sigma_i^2 W^2 \frac{\partial^2 \Phi}{\partial W^2} \right. \\ \left. + \frac{1}{2} \sum_{i=1}^N \sigma_{z_i}(t)^2 \frac{\partial^2 \Phi}{\partial z_i^2} + W \sum_{i=1}^N \pi_i \sigma_i \sigma_{z_i}(t) \frac{\partial^2 \Phi}{\partial W \partial z_i} \right\} = 0, \quad (\text{A-5}) \end{aligned}$$

with the following terminal condition:

$$\Phi(W, z_1, \dots, z_N, T) = \frac{1}{1 - \gamma} W^{1 - \gamma}. \quad (\text{A-6})$$

Due to the homogeneity property of the CRRA preference and the linearity of Equation (A-4), there exists a function $h(z_1, \dots, z_N, t)$, such that:

$$\Phi(W, z_1, \dots, z_N, t) = \frac{W^{1-\gamma}}{1-\gamma} e^{(1-\gamma)(r(T-t)+h(z_1, \dots, z_N, t))}. \quad (\text{A-7})$$

By substitution, it is straightforward to show that $h(z_1, \dots, z_N, t)$ satisfies the following equation:

$$\begin{aligned} \sup_{\pi_i \geq 0, 1 \leq i \leq N} \left\{ \frac{\partial h}{\partial t} + \sum_{i=1}^N \left((z_i - r)\pi_i - \frac{\gamma}{2} \pi_i^2 \sigma_i^2 \right) + \sum_{i=1}^N (\pi_i \sigma_i \sigma_{z_i}(t)(1-\gamma)) \frac{\partial h}{\partial z_i} \right. \\ \left. + \frac{1}{2} \sum_{i=1}^N \sigma_{z_i}(t)^2 \left(\frac{\partial^2 h}{\partial z_i^2} + (1-\gamma) \left(\frac{\partial h}{\partial z_i} \right)^2 \right) \right\} = 0, \end{aligned} \quad (\text{A-8})$$

with a terminal condition:

$$h(z_1, \dots, z_N, T) = 0. \quad (\text{A-9})$$

Now, suppose there are N functions $h^i(z_i)$, $i = 1, \dots, N$, satisfying the following equation:

$$\begin{aligned} \sup_{\pi_i \geq 0} \left\{ \frac{\partial h^i}{\partial t} + (z_i - r)\pi_i - \frac{\gamma}{2} \pi_i^2 \sigma_i^2 + (\pi_i \sigma_i \sigma_{z_i}(t)(1-\gamma)) \frac{\partial h^i}{\partial z_i} \right. \\ \left. + \frac{1}{2} \sigma_{z_i}(t)^2 \left(\frac{\partial^2 h^i}{\partial z_i^2} + (1-\gamma) \left(\frac{\partial h^i}{\partial z_i} \right)^2 \right) \right\} = 0, \end{aligned} \quad (\text{A-10})$$

with a terminal condition:

$$h^i(z_i, T) = 0. \quad (\text{A-11})$$

Define $H(z_1, \dots, z_N, t) = \sum_{i=1}^N h^i(z_i, t)$, then it is easy to verify that $H(z_1, \dots, z_N, t)$ satisfies Equation (A-8), and hence we have:

$$h(z_1, \dots, z_N, t) = \sum_{i=1}^N h^i(z_i, t). \quad (\text{A-12})$$

Therefore, the optimal allocation to Stock i is given by:

$$\pi_i(t, z_{it}) = \left(\frac{z_i - r + (1 - \gamma)\sigma_i\sigma_{z_i}(t)\frac{\partial h^i}{\partial z_i}(z_{it}, t)}{\gamma\sigma_i^2} \right)^+, \quad (\text{A-13})$$

which only depends on the instantaneous estimate of Stock i 's expected return, i.e., z_{it} , and the calendar time t . \square

Proposition 1 suggests that, in the absence of transaction cost, if the stocks' return processes and priors for risk premia are all independent, then we can decompose the optimal investment problem with N stocks into N optimal investment problems with a single stock. This result makes it feasible and reliable to solve for the optimal trading strategy for a large number of stocks. Motivated by this result, we perform the same decomposition in the presence of *small* transaction costs. More specifically, for any stock, we solve a model with this particular stock and one risk-free asset to compute the investor's optimal fraction of wealth invested in this stock in the presence of transaction cost. We use the obtained optimal fraction in this one-stock model to approximate the optimal fraction of total wealth in the N -stock model. Although the optimal fraction obtained in the one-stock model is suboptimal for the N -stock model, it is nevertheless a good approximation when the transaction cost rates are reasonably small.³⁷

A.2 Learning with Uncorrelated Returns and Priors

In this section, we provide a quantitative discussion of the learning effect in the case with uncorrelated returns and priors. Note that Equation (A-3) implies the following

³⁷ In an earlier version of the paper, we solved the *optimal* trading strategy for the same model, but with CARA preferences. We obtained the same qualitative and similar quantitative results on the disposition effect-related patterns, because the key driving forces remain the same. We have also computed the optimal trading strategy in a two-stock case, in which one stock has an observable constant expected return, and found that the results obtained from the approximately optimal strategy are indeed close to those obtained from the optimal strategy. We do not report these calculations in the paper to save space. They are, however, available from the authors upon request.

stock-price process observed in the investor's filter:

$$\frac{dS_{it}}{S_{it}} = z_{it}dt + \sigma_i d\hat{B}_{it}. \quad (\text{A-14})$$

The solution to Equation (A-2) is:

$$V_i(t) = \frac{\sigma_i^2 V_i(0)}{\sigma_i^2 + V_i(0)t}, \quad (\text{A-15})$$

hence, Equation (A-1) becomes:

$$dz_{it} = \frac{\sigma_i V_i(0)}{\sigma_i^2 + V_i(0)t} d\hat{B}_{it}, \quad (\text{A-16})$$

which is equivalent to:

$$dz_{it} = \frac{V_i(0)}{\sigma_i^2 + V_i(0)t} \left(\frac{dS_{it}}{S_{it}} - z_{it}dt \right). \quad (\text{A-17})$$

Since $\frac{V_i(0)}{\sigma_i^2 + V_i(0)t} > 0$, Equation (A-17) suggests that the changes in z_{it} (i.e., the investor's conditional expectation of μ_i) are driven by the instantaneous realized return dS_{it}/S_{it} in excess of the current estimate of the expected return $z_{it}dt$. In particular, the investor will increase her estimate of the stock's expected return if and only if:

$$\frac{dS_{it}}{S_{it}} > z_{it}dt. \quad (\text{A-18})$$

In other words, a realized return that is better (worse) than the expected return makes the investor increase (decrease) her estimated expected return.

A.3 Numerical Method for the Case with Correlated Returns and Priors

Our numerical algorithm for this case is based on the deep neural network (DNN) technique (see, e.g., Han and E (2016), Zhang and Zhou (2019)). Specifically, we extend the existing algorithm to incorporate parameter uncertainty.

We first present a discrete time version of our model. To do so, we discretize the time horizon $[0, T]$ into M subperiods by $0 = t_0 < t_1 < t_2 < \dots < t_M = T$. We denote the time length between two time points by $h = \frac{T}{M}$.

Implementing the deep learning method for the investor's problem in our model involves two steps at every time point t_i . First, we apply the feedforward neural networks method to determine the optimal vector of dollar values that the investor should trade for each stock (the method of calculating this vector is presented shortly). Denoting this vector by $a_{t_i} \in \mathbb{R}^N$, we can write down the following portfolio rebalancing equation:

$$\begin{aligned} X_{t_i+} &= X_{t_i-} - \sum_{j=1}^N (1 + \theta_j) (a_{t_i})_j^+ + \sum_{j=1}^N (1 - \alpha_j) (a_{t_i})_j^-, \\ Y_{t_i+} &= Y_{t_i-} + a_{t_i}, \\ \bar{\xi}(t_i+) &= \bar{\xi}(t_i-), \end{aligned} \tag{A-19}$$

where t_{i-} (t_{i+}) denotes the time before (after) rebalancing at time t_i , $(a_{t_i})_j$ denotes the j th element of the trading amount vector a_{t_i} , and $a^+ = \max\{0, a\}$ ($a^- = \max\{0, -a\}$) denotes the positive (negative) part of a .

After the rebalancing step, we apply the Euler-Maruyama scheme to implement the dynamics of (11), (12) and (13). From time t_i+ to $t_{i+1}-$, we have the dynamics

$$\begin{aligned} X_{t_{i+1}} &= X_{t_i+} + rhX_{t_i+}, \\ (Y_{t_{i+1}-})_j &= (Y_{t_i+})_j + (Y_{t_i+})_j \left[rh + \sigma^j \cdot \bar{\xi}(t_i+)h + \sigma^j \cdot \Delta \hat{B}_{t_i} \right], \\ \bar{\xi}(t_{i+1}-) &= \bar{\xi}(t_i+) + P' \bar{D}(t_i) P \Delta \hat{B}_{t_i}. \end{aligned} \tag{A-20}$$

Combining (A-19) and (A-20) yields the dynamics of the state variables in our model.

At each time point, we set an independent neural network with one input layer, three hidden layers and one output layer. Our input vector is an $N + 1$ dimensional vector including the initial positions in bond and N stocks. Hidden layer one is regarded as a map to transform the input vector from \mathcal{R}^{N+1} to \mathcal{R}^{d_1} , where d_1 is the dimension of the hidden layer one. The explicit form of hidden layer one is

$$H_1 = f_1(X) = \text{ReLU}(W_1 \cdot X + b_1), \quad (\text{A-21})$$

where $X \in \mathcal{R}^{N+1}$ denotes the input vector, $W_1 \in \mathcal{R}^{d_1 \times (N+1)}$, $b_1 \in \mathcal{R}^{d_1}$ are trainable weights in this layer, and $\text{ReLU}(x) = x^+$ is the activation function. Similarly, we specify the form of the hidden layer two as follows:

$$H_2 = f_2(H_1) = \text{ReLU}(W_2 \cdot H_1 + b_2), \quad (\text{A-22})$$

where $W_2 \in \mathcal{R}^{d_2 \times d_1}$ and $b_2 \in \mathcal{R}^{d_2}$. In the hidden layer three, we have the following structure:

$$H_3 = f_3(H_2) = \text{ReLU}(W_3 \cdot H_2 + b_3), \quad (\text{A-23})$$

where $W_3 \in \mathcal{R}^{d_3 \times d_2}$ and $b_3 \in \mathcal{R}^{d_3}$. In the output layer, we remove the ReLU function so that the network can sell stocks as well. Therefore, the output layer can be characterized by

$$a_{t_i} = f_4(H_3) = W_4 \cdot H_3 + b_4, \quad (\text{A-24})$$

where $W_4 \in \mathcal{R}^{N \times d_3}$ and $b_4 \in \mathcal{R}^N$. The structure of a single deep neural network is shown in Figure 7.

The whole computational graph of deep neural networks is shown in Figure 8. After obtaining the result from the $(M - 1)$ th network, we can then define the following loss

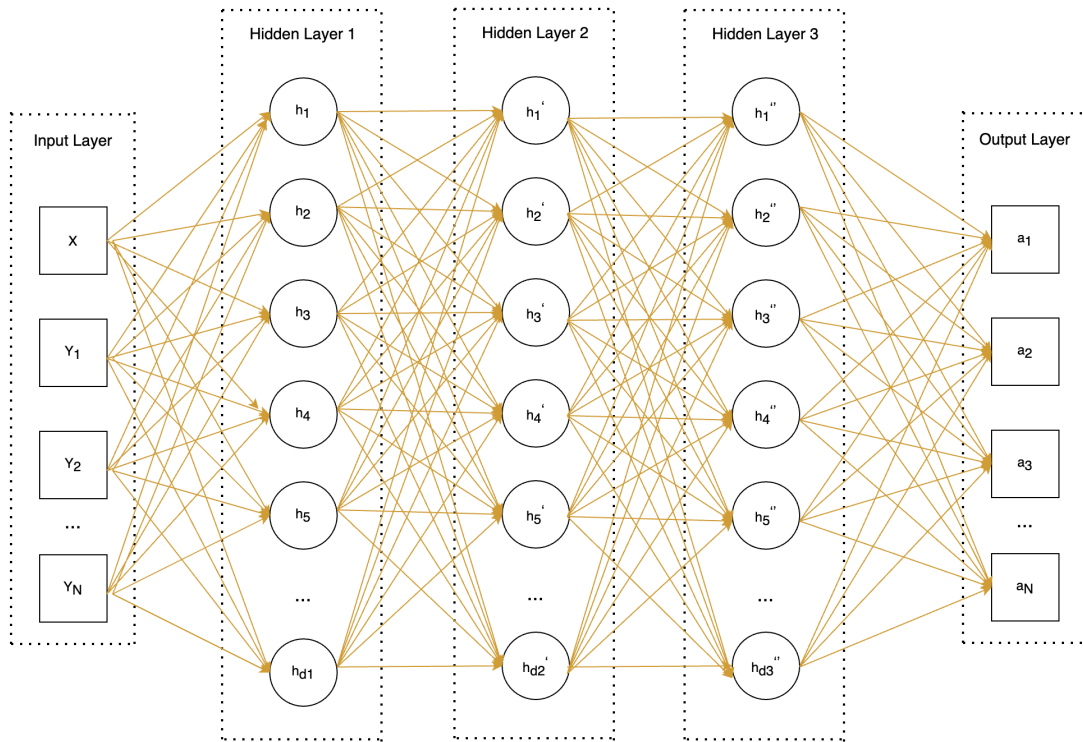


Figure 7: Structure of a single deep neural network.

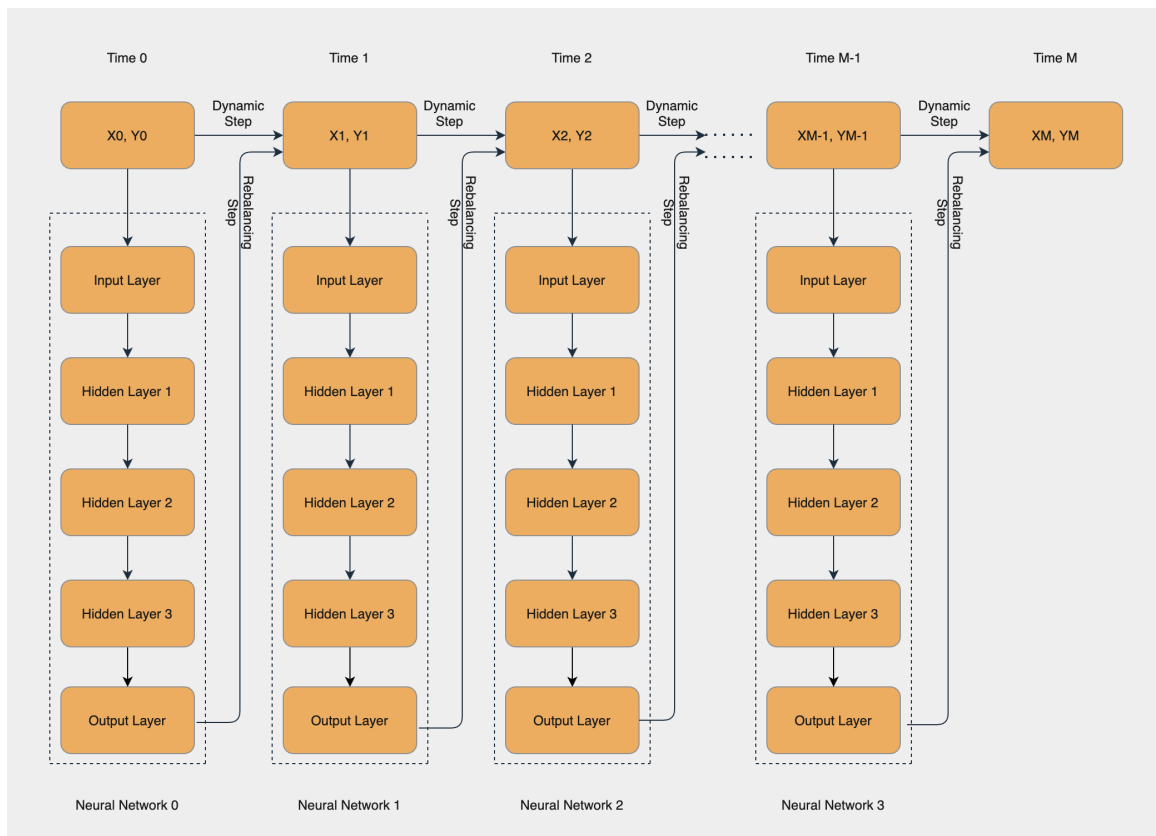


Figure 8: Computational graph of deep neural networks.

function of the deep neural networks:

$$L(\Theta) = -\frac{1}{m} \sum_{k=1}^m u \left(X_{T,k}^{\Theta} + \sum_{j=1}^N \left((1 - \alpha_j) Y_{T,k}^{j,\Theta} \right) \right), \quad (\text{A-25})$$

where Θ denotes the set of all the parameters in this neural networks model, m denotes the size of our training batch, and u is the investor's CRRA utility function. We can update the estimate of Θ by minimizing the loss function. The whole process can be summarized in Algorithm 1 below.

Algorithm 1 Deep learning algorithm for solving for the optimal strategy

Input: X_0, Y_0

Require: m, M

% Build the innovation process and initialize the neural networks.

for i in $0, 1, \dots, M - 1$ **do**

for j in $1, 2, \dots, m$ **do**

 Simulate the innovation process (a standard Brownian motion) \hat{B}_t .

end for

 Obtain trading strategy through the i -th neural networks.

 Rebalance the portfolio using (A-19).

 Update $X_{t_{i+1}}, Y_{t_{i+1}}, \bar{\xi}(t_{i+1})$ using (A-20).

end for

Calculate the loss function $L(\Theta)$.

Update the parameter set Θ .

Output: (X_T, Y_T) and optimal trading strategies $\{a_{t_i}\}_{i=0}^{M-1}$

A.4 Number of Stocks and Disposition Effect Measures

In this section, we show that using a model (either rational or behavioral) with four stocks, one cannot obtain disposition effect measures which are close in magnitude to those reported in Odean (1998), even though four stocks is the median stock holding in Odean (1998)'s sample. For this purpose, we establish the following proposition:

Proposition 2: (*Bounds on the disposition effect measures*) Suppose every investor holds N stocks in her portfolio, then at least one of PGR and PLR is no less than $\frac{1}{N}$.

Proof. First recall that paper gains, realized gains, paper losses, and realized losses will only be counted on days when at least one stock is sold. On these days, with probability one, a sale will be either a realized gain or a realized loss. This is because the set that selling price exactly equals purchase price has a measure of zero. In addition, there can be at most $N - 1$ stocks with unrealized paper gains or paper losses when at least one stock is sold. Thus, we have

$$\#Paper\ Gains + \#Paper\ Losses \leq (N-1)(\#Realized\ Gains + \#Realized\ Losses). \quad (A-26)$$

We prove our statement by contradiction. Suppose that

$$PGR = \frac{\#Realized\ Gains}{\#Realized\ Gains + \#Paper\ Gains} < \frac{1}{N}$$

and that

$$PLR = \frac{\#Realized\ Losses}{\#Realized\ Losses + \#Paper\ Losses} < \frac{1}{N},$$

then we have

$$\#Paper\ Gains > (N - 1)\#Realized\ Gains,$$

and

$$\#Paper\ Losses > (N - 1)\#Realized\ Losses.$$

Adding the above two inequalities leads to

$$\#Paper\ Gains + \#Paper\ Losses > (N-1)(\#Realized\ Gains + \#Realized\ Losses), \quad (A-27)$$

which contradicts (A-26). □

According to Proposition 2, in a model with four stocks, at least one of PGR and PLR will be no less than 0.25. Thus Odean (1998)'s finding that $PGR = 0.148$ and

$PLR = 0.098$ cannot be matched.

A.5 Calculation of Probability of Selling and Buying

To calculate the probability of selling or buying shares of any stock within certain ranges of realized return, we first choose a realized return bracket $[R_{min}, R_{max}]$ and divide it into equally spaced subintervals, so that $R_{min} = R_0 < R_1 < \dots < R_n = R_{max}$. We simulate daily price data for each stock, and perform the following calculations: along each sample path ω , for each day t when a particular stock i is in the investor's portfolio, we compute the annualized continuously compounded return, $Ret_{it}(\omega)$, obtained by holding this stock by:

$$Ret_{it}(\omega) = \frac{1}{H_{it}(\omega)} \log \left(\frac{S_{it}(\omega)}{A_{it}(\omega)} \right),$$

where $S_{it}(\omega)$ is the spot price of this stock, $A_{it}(\omega)$ is the average purchase price of this stock, and $H_{it}(\omega)$ is the average holding time of this stock, all up to day t .³⁸

We define three indicator functions for the corresponding events as follows:

$$s_{it}^j(\omega) = 1_{\{\text{Stock } i \text{ is sold on day } t \text{ and } R_j \leq Ret_{it}(\omega) < R_{j+1}\}},$$

$$b_{it}^j(\omega) = 1_{\{\text{More of Stock } i \text{ is bought on day } t \text{ and } R_j \leq Ret_{it}(\omega) < R_{j+1}\}}$$

and:

$$R_{it}^j(\omega) = 1_{\{R_j \leq Ret_{it}(\omega) < R_{j+1}\}}.$$

³⁸ Because multiple purchases and sales of the same stock can occur along a sample path, we use the average holding time to annualize the returns to make them more comparable. To understand the mechanism of the average holding time system, consider the following simple example: assume on day 1, the investor purchases 10 shares; on day 11, the investor purchases five more shares. Then, the average holding time of each share is $(10 \times (11 - 1) + 5 \times 0) / (10 + 5) = 6.67$ days on day 11. Assume that the investor does not make any transaction between day 12 and 15, then on day 15, the average holding time is $(10 \times (15 - 1) + 5 \times (15 - 11)) / (10 + 5) = 10.67$ days.

We then calculate the frequency:

$$f_j^S = \frac{\sum_{i,t,\omega} s_{it}^j(\omega)}{\sum_{i,t,\omega} R_{it}^j(\omega)} \quad (\text{A-28})$$

as the probability that a sale takes place with the realized return in the j th bracket, and similarly:

$$f_j^B = \frac{\sum_{i,t,\omega} b_{it}^j(\omega)}{\sum_{i,t,\omega} R_{it}^j(\omega)}, \quad (\text{A-29})$$

as the probability that a purchase takes place with the realized return in the j th bracket.

A.6 A Model with Capital Gains Taxes

In the presence of (fully rebatable) capital gains tax, we need to keep tracking the total costs of purchasing each stock. Let K_{it} be the total costs of purchasing Stock i up to time t , the investor's budget constraints then read:

$$dX_t = rX_t dt + \sum_{i=1}^N f(Y_{it-}, K_{it-}) \frac{dL_{it}}{Y_{it-}} - \sum_{i=1}^N (1 + \theta_i) dI_{it}, \quad (\text{A-30})$$

$$dY_{it} = Y_{it}(r + \sigma^i \cdot \bar{\xi}(t)) dt + Y_{it} \sigma^i \cdot d\hat{B}_t + dI_{it} - dL_{it}, \quad (\text{A-31})$$

$$dK_{it} = (1 + \theta_i) dI_{it} - K_{it-} \frac{dL_{it}}{Y_{it-}}. \quad (\text{A-32})$$

where:

$$f(Y_{it}, K_{it}) = (1 - \alpha_i) Y_{it} - \tau [(1 - \alpha_i) Y_{it} - K_{it}] \quad (\text{A-33})$$

is the total proceeds that the investor would obtain if she sold the entire position on Stock i at time t , and τ is the capital gains tax rate. Therefore, the investor's time t net wealth is:

$$W_t = X_t + \sum_{i=1}^N f(Y_{it}, K_{it}). \quad (\text{A-34})$$

The investor's problem is again to choose her optimal policy $\{(L_{it}, I_{it}) : i = 1, \dots, N\}$

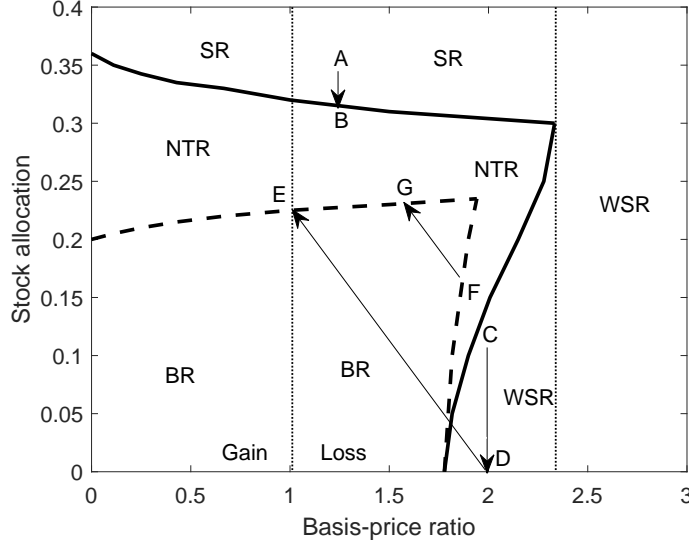


Figure 9: Trading strategy with capital gains tax.

This figure shows a snapshot of the trading boundaries at time $t = 2.5$ years in the presence of capital gains tax with fully rebatable capital losses. The region labeled “WSR” is the wash-sale region. Parameter values: $T = 5$, $\gamma = 3$, $r = 0.026 (= 0.04 \times 0.64)$, $\mu_1 = 0.1$, $\sigma_1 = 0.3$, $V_1(0) = 0.0045$, and $\alpha_1 = \theta_1 = 0.01$. The conditional estimate of the return predictor is set at $z_1 = 0.1$, and the capital gains tax rate is $\tau = 0.2$.

among all of the admissible policies to maximize her expected CRRA utility from the terminal net wealth at some finite time T , i.e.:

$$E \left[\frac{W_T^{1-\gamma}}{1-\gamma} \right], \quad (\text{A-35})$$

subject to Equations (11), (A-30), and (A-31), and (A-32), and the short-sale constraint as well as the solvency condition.

Trading strategy. We plot the trading boundaries for Stock 1 against the basis-price ratio $\frac{k_1}{(1-\alpha_1)y_1}$ in Figure 9, where k_1 is the total cost basis of Stock 1, fixing the estimate of the expected return at its true value $z_1 = \mu_1$ and assuming a capital gains tax rate of 15%.³⁹ Note that there is a gain after liquidation if and only if $\frac{k_1}{(1-\alpha_1)y_1} < 1$. As in the case without capital gains tax, the investor should maintain the stock exposure within a certain range, as suggested by the Sell Region (SR) above the sell boundary and the Buy

³⁹ In fact, this plot applies to each stock because they are assumed to have same parameter values.

Region (BR) below the buy boundary.

In contrast to the case with capital gains tax but without transaction costs (as considered by the existing literature, e.g., Constantinides (1983)), Figure 9 shows that it can be optimal to defer the realization of even large capital losses, as indicated by the no-transaction region (NTR) to the right of the vertical line at $\frac{k_1}{(1-\alpha_1)y_1} = 1$. In addition, even when it is optimal to realize capital losses, the optimal realization can be only a fraction of the losses, e.g., point A to point B. This is because the time value of the tax rebate can be smaller than the transaction costs required, and realizing only part of the losses can avoid the transaction costs needed for buying back shares. Only when the capital losses are large enough does the investor immediately realize all losses and buy back some shares to achieve the optimal risk exposure (e.g., point C to point D, and then to point E).

Due to the presence of transaction costs, when the investor has capital losses, it can be optimal to purchase more without first realizing losses (e.g., from F to G). This is because capital loss on a stock reduces the exposure to this stock, and selling first to realize losses and then buying back some to achieve the desired exposure would incur too much transaction cost. In such a case, the investor purchases shares to maintain a desirable exposure to the stock without engaging in any loss selling.